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5	Breast Pump	Medela, Switzerland	
6	Defibrillator	Instramed, Brasil	
7	Multiparameter Monitor	Bistos, Korea	
8	Pulse Oximeter (Table top)	Bistos, Korea	
9	Fetal/Maternal Monitor (CTG)	Bistos, Korea	
10	Fetal/Maternal Monitor (CTG) Wireless	Janitri, India	
11	Hand Doppler	Janitri, India	



SRI VENKATESWARA INSTITUTE OF MEDICAL SCIENCES TIRUPATI

(A University established by an Act of AP State Legislature)

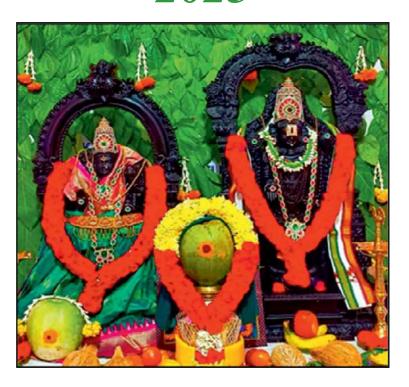
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TIRUMALA TIRUPATI DEVASTHANAMS











SRI VENKATESWARA INSTITUTE OF MEDICAL SCIENCES

(A University Established by an Act of Andhra Pradesh State Legislature)
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SRI VENKATESWARA INSTITUTE OF MEDICAL SCIENCES

(A University established by an Act of A.P. State Legislature)

Tirumala Tirupati Devasthanams

Phone: 0877-2287777, 2287152, 2288002, 2287166, 2286115, 2288442, 2286964

Fax: 2286803, 2288002, 2286116

E-mail: svimsdirector@yahoo.com, svimsdean@gmail.com, svimsregistrar@ gmail.com, svimscopprincipal@gmail.com. principalconsvims@gmail.com, principalsvimsspmcw@gmail.com

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Dr R.V.KUMAR
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From the Desk of the Honorary Editor-in-Chief & Dean





MESSAGE

We took up the responsibility of bringing the Akanksha with much more vigour on the occasion of the Sri Venkateswara Institute of Medical Sciences (SVIMS) celebrating its 32nd Anniversary.

With the blessings of Lord Venkateswara and Goddess Padmavathi the SVIMS Sri Padmavathi Medical College for Women is making progress in every sphere of our mandate. I sincerely thank the Director cum Vice-Chancellor for giving me the task of shaping Akanksha.

SVIMS achieving NABH and NAAC recognition has been a moment to cherish. I also congratulate all the faculty, staff and students of the institute for the hard work put in to achieve this major achievement.

I wish you all the very best and wish the Anniversary function a grand success.

In services of Lord Venkateswara

Dr. ALLADI MOHAN

From the Desk of the Executive Editor, Principal, SVIMS-SPMCW





MESSAGE

As we reflect on another year filled with challenges, growth, and incredible achievements, I am excited to present to you the latest edition of Akanksha; our annual magazine. This year's Akanksha highlights the stories, experiences, and accomplishments that have shaped our journey during the preceding years.

There are collection of inspiring features, insightful articles, and captivating visuals that showcase the passion and dedication of our contributors. Each article represents the hard work and creative spirit of student staff and faculty of SVIMS University.

Last year marked a series of significant achievements, including the ground-breaking triple transplantation procedure by the faculty of SVIMS, the only one of its kind in the country. Additionally, we successfully achieved our NABH and NAAC accreditations for SVIMS University. These accomplishments are a testament to the strength of our collective efforts, which continue to drive our growth and meaningful impact. We are grateful for the continued support of our readers, contributors, and sponsors.

Thank you for your invaluable contributions, and hope you enjoy this year's edition.

In services of Lord Venkateswara

Dr USHA KALAWAT



J. SYAMALA RAO, IAS, EXECUTIVE OFFICER TIRUMALA TIRUPATI DEVASTHANAMS TIRUPATI - 517 501 (A.P.)



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MESSAGE

I am delighted to know that on the occassion of 32nd Anniversary of SVIMS, a Souvenir Akanksha-2025 is being It is with immense pleasure, released. I appreciate transformation of SVIMS into a premiere institute of eminence over the past thrity one years. The Institute is serving the health needs of people of Andhra Pradesh and neighboring with all the state of the art equipment made available in states the hospital. I congratulate the Director cum Vice-chancellor for his commendable efforts in making all the Speciality and Superspeciality services and courses available in the Institute. Several paramedial degree courses started in the University will make the technologists available in our state to bridge the gap between the Specialist. Doctors and the patients. Electronic Library facilities available will help the growth of research activity in the University. I am sure the SVIMS-Sri Padmavathi Medical College for women will be a jewel in the crown of the The Institute is also implementing the Pranadana Scheme which is very laudable.

I wish Lord Sri Venkateswara shower his bountiful blessing on all of you.

Executive Officer



Dr. NTR UNIVERSITY OF HEALTH SCIENCES, A.P.

డా။ యన్.టి.ఆర్. ఆరోగ్య విజ్జాన విశ్వవిద్యాలయము, ఆంధ్రప్రదేశ్

Dr. DSVL Narasimham Vice-Chancellor (FAC)



VIJAYAWADA - 520 008. Andhra Pradesh, India email : vcntruhs@gmail.com web :ntruhs.ap.nic.in

Dear Esteemed Faculty Members, Students & Staff

I am glad to know that Sri Venkateswara Institute of Medical Sciences (SVIMS), Tirupati is celebrating its **32**nd **Anniversary** and releasing an Institute Magazine "AKANKSHA 2025" as a commemoration of the milestone. This milestone marks three decades of unwavering dedication to health, healing, and community service.

For 32 years, SVIMS has stood as a beacon of hope and a pillar of strenght. Your commitment to providing compassionate, cutting-edge medical care has touched countless lives and made a profound impact on the well-being of our community. We at the Dr.NTR UHS commend your tireless efforts in advancing medical science, fostering innovation, and nurturing future generations of healthcare professionals.

This Anniversary is a testament to the vision, leaderships, and hard work of everyone at the institute, right from the doctors and nurses to the support staff and administrators. Your collective dedication to excellence has earned SVIMS a well-deserved reputation for quality and trust in the Medical fraternity & the community a like.

You are the future healthcare leaders, work relentlessly to hone their skills. With a strong focus on patient care, research and continuous learning; they embody the core values of empathy and dedication, serving the community and contributing to the advancement of medicine.

As you celebrate this significant milestone, we wish you continued success in your mission to provide exceptional healthcare. May the next chapter be filled with even greater achievements and contributions to the health and well-being of our society.

I am honored to be a part of your celebration and look forward to witnessing your continued growth and impact in the years to come.

Dr.DSVL NARASIMHAM

(AKANKSHA)



SRI VENKATESWARA INSTITUTE OF MEDICAL SCIENCES

(A University Established by an act of A.P. State Legislature) Tirupati 517507, Andhra Pradesh, India





H: 2022-0891 06.01.2022 to 05.01.2025

Prof R.V.Kumar

MBBS (OSM), MS PGIMER, M.Ch (AIIMS, NEW Delhi)
DIRECTOR-CUM-VICE-CHANCELLOR
HEART TRANSPLANT SURGEON

Phone (O): +91-877-2287152, 2286131 +91-877-2287777 Extn: 2222

E-mail : svimsdirector@yahoo.com
Website : https://svimstpt.ap.nic.in



MESSAGE

I congratulate all the faculty, staff and students of Sri Venkateswara Institute of Medical Sciences, Tirupati on the occasion of institute's 32nd Anniversary and for releasing a souvenir Akanksha 2025 to commemorate the occasion. I felt very happy that I am also being part of this journey. I am very happy to say that this year SVIMS Hospital has got the renewal of recognition of NABH Accreditation for 4 more years. SVIMS stood first in the state under government hospital category for implementing **Dr. NTR** Vaidya Seva Scheme and treated highest number of patients.

SVIMS has achieved several milestones in academic, research, healthcare and public service. SVIMS is one of the few institutions of its kind in the country that conduct DM/MCH/MD courses successfully and also a medical college exclusively for women, started in the year 2014. I am happy to note that the faculty are involved actively in research and published many papers apart from their regular academic and patient care services.

The institute is now going for INI recognition and nursing excellence and I hope with all your efforts we will succeed in achieving our goals.

I extend my heartfelt thanks for the commitment and dedication of the staff of SVIMS for achieving the best results in all the fields, without which it will never happen. I convey my best wishes to the SVIMS fraternity on the occasion of releasing the anniversary magazine-2025.

Dr. R.V.Kumar

From the Desk of the Registrar, SVIMS



MESSAGE

With the blessings of Lord Venkateswara and Goddess Padmavathi, we the members of SVIMS family celebrate the 32nd Annual day celebrations on 26th February 2025.

SVIMS has witnessed significant improvements in recent times with extended facilities for patients in the form of the Pink bus strategy, evening special clinics, free immunization program etc to name a few. We successfully completed the NAAC accreditation in August 2024 and the NABH reaccreditation in Jan 2025. As a step forward in our journey to place patient safety as our top priority, the institute is due for Nursing excellence in March. Further, SVIMS has applied to the Department of Medical & Health, Government of India, New Delhi for being considered as an Institute of National Importance (INI). We hope to get this recognition.

The annual unifest celebrations provide a platform for the faculty, students, staff and their family members to come together and showcase their talent in the academic and other extra-curricular activities. I congratulate all those who have contributed towards the compilation of "Akanksha" magazine.

I congratulate the editorial team for bringing out another edition of the magazine. I wish the entire SVIMS family and my best wishes for the Anniversary day function.

Dr Aparna R.Bitla



Managing Director Bharat Biotech International Ltd

TTD Board Member



Om Namo Venkateshaya!!

Vaidyo Narayano Hari!

Warm greetings to all stakeholders of SVIMS.

As a Board Member of TTD and a Member of the Governing Council of SVIMS, I consider it a great privilege and blessing to write this message for the souvenir.

Annual Days are a celebration of the commitment, focus, perseverance, teamwork, and achievements of the young students, experienced faculty, paramedical staff, and all supporting employees across the institution. It's a time to honour your successes, reflect on the mission, embrace new challenges, continue striving for excellence, quality, and the best healthcare for all the patients who walk into this prestigious institution.

To the dear students, continue to push boundaries, nurture your dreams, keep learning and honing your skills, and make the most of the opportunities, facilities, and guidance provided by your experienced teachers.

To the academically dedicated faculty, your commitment to shaping young minds and building the future of healthcare in India is truly commendable. Your efforts will lay the foundation for future generations of physicians, nurses, and paramedical personnel to carry forward this legacy and play a crucial role in shaping India's healthcare system to be future-ready.

I extend my heartfelt congratulations to each and every one of you on this momentous occasion. I wish "SVIMS" continued success in the years to come and hope it becomes one of India's premier healthcare providers and teaching institutions.

Thank you, and with best wishes, Dr. Suchitra K. Ella



SRI VENKATESWARA INSTITUTE OF MEDICAL SCIENCES, TIRUPATI

Introduction:

Sri Venkateswara Institute of Medical Sciences (SVIMS) was conceived in the year 1986 on the lines of AIIMS, New Delhi and the foundation stone was laid down on 18.04.1986 by Shri Nandamuri Taraka Ramarao, the Chief Minister of Andhra Pradesh. It was established in the year 1993, under the aegis of Tirumala Tirupati Devasthanams, as a modern super speciality hospital, was granted the status of a university in the year 1995 by an Act of A.P. State Legislature vide Act 12 of 1995. Later, the act was amended in 2021 making TTD as sponsoring institution and Chairman of TTD as Chairman-cum-Chancellor of SVIMS in AP Gazette vide ACT No. 24 of 2021, dated 20th December, 2021.



The objectives of the Institute are:

- 1) To create a center of excellence for providing medical care, education and research facilities of a high order in the field of medical sciences in the existing super-specialities and such other super-specialities as may develop in future, including Continuing Medical Education and Hospital Administration.
- 2) To develop patterns of teaching at postgraduate level and at super speciality level, as to set a high standard of medical education.
- 3) To provide training in paramedical and allied fields, particularly in relation to super specialties.
- 4) To function as a referral hospital
- 5) To provide post graduate teaching and conduct of research in the relevant disciplines of modern medicine and other allied sciences, including inter-disciplinary fields of physical and biological sciences.

The institution, spread in a 107.04 acre campus, is gradually growing into a prestigious university. Today SVIMS has 37 super/broad speciality medical departments, four colleges and two inter-disciplinary departments and is developing into a center of excellence for providing medical care, education and research activities of a high standard. In addition to these, SVIMS also provides training in para-medical and allied fields, particularly related to super-specialities.



The various Broad/Super Speciality Departments existing in the institute are:

S.No.	Name of the department	S.No.	Name of the department		
Broad Specialities					
1	Anaesthesiology	13	Obstetrics & Gynaecology		
2	Anatomy	14	Ophthalmology		
3	Biochemistry	15	Otorhinolaryngology		
4	Community Medicine	16	Paediatrics		
5	Dental Surgery	17	Pathology		
6	Dermatology	18	Pharmacology		
7	Emergency Medicine	19	Physiology		
8	Forensic Medicine	20	Psychiatry		
9	General Surgery	21	Radio Diagnosis		
10	Medicine	22	Radiotherapy		
11	Microbiology	23	Transfusion Medicine		
12	Nuclear Medicine	24	TB&Respiratory Medicine		
Super Specialities					
25	Cardiology	31	Neurology		
26	Cardiovascular and Thoracic Surgery	32	Neurosurgery		
27	Clinical Virology	33	Plastic Surgery		
28	Endocrinology & Metabolism	34	Rheumatology		
29	Medical Oncology	35	Surgical Oncology		
30	Nephrology	36	Surgical Gastroenterology		
		37	Urology		

The constituent colleges are:

A) SVIMS-Sri Padmavathi Medical College for Women (SVIMS-SPMCW):

The college was established in the year 2014 with an initial intake of 150 students per year. From the academic year 2019-20 onwards, the intake increased to 175 students, following the implementation of the EWS (Economically Weaker Sections) category. Recognized as one of the leading institutions in Andhra Pradesh, the college boasts a strong reputation for its excellent faculty and state-of-the-art infrastructure, which provide high-quality teaching and training to students.

The foundation stone for the college building was

laid by the then Hon'ble Chief Minister of Andhra Pradesh, Sri Nallari Kiran Kumar Reddy, on 20th

November 2013. After completion of the construction, the college building was officially inaugurated by the then Hon'ble Chief Minister, Sri Nara Chandrababu Naidu, on 16th December 2016.

B) College of Nursing: The College of Nursing was established in the year 1996 with the aim of providing undergraduate, postgraduate education and conducting research in the relevant fields of modern nursing. The

courses offered include B.Sc. (Nursing), M.Sc. (Nursing), and Ph.D. The college is equipped with excellent infrastructure, well-equipped laboratories and advanced teaching and learning facilities. The Indian Nursing Council has accredited the B.Sc. (Nursing) program with an intake of 100 students per year and the M.Sc. (Nursing) program with an intake of 30 students annually. In 2021, the Government of Andhra Pradesh issued G.O.Ms.No. 65 (dated 14.07.2021) under the General Administration (Services D), introducing a 10%



reservation for the Economically Weaker Sections (EWS) for admission to educational institutions, starting from the academic year 2021-22. As a result, the intake for B.Sc. (Nursing) has increased to 110 students, and for M.Sc. (Nursing) to 33 students.

C) College of Physiotherapy: The College of Physiotherapy was established in the year 1998 and offers undergraduate, postgraduate and Ph.D. programs in Physiotherapy. In addition to academic programs, the college provides in-patient and out-patient services along with specialized clinics for obesity, pain management, paediatrics, advanced physiotherapy, ergonomics and lifestyle modification. The college admission capacity is 55 students per year for the BPT (Bachelor of Physiotherapy) program and 27 students



per year for MPT (Master of Physiotherapy) program, following the implementation of the 10% EWS reservation.

D) College of Allied Health Sciences: The University introduced paramedical diploma courses in the academic year 1995-96 for science graduates. The diploma program, which lasted two years, culminated in the award of a PG Diploma recognized by the Andhra Pradesh Paramedical Board. Later, in the academic year 2009-10, the University launched B.Sc. Paramedical courses, each lasting three years, in eight specialties. Since 2015-16, the duration of these courses has been





extended to four years, and currently offering courses in ten specialties. All courses are recognized by the Andhra Pradesh Paramedical Board.

Life Sciences:

1. Biotechnology:

The Department of Biotechnology was established in the year 2003 and offers two programs: M.Sc. (Biotechnology) and Ph.D. The department's research focuses on the following key areas:

- Isolation, culturing, and differentiation of human hematopoietic stem cells (HSCs) into various cell types, including cardiomyocytes, astrocytes, oligodendrocytes, type II pneumocytes, osteocytes, beta cells of islets of Langerhans, podocytes, platelets, erythrocytes, and hepatocytes.
- Development of drugs targeting multidrug-resistant strains of *Staphylococcus aureus*.

Graduates from the department were successfully placed in prestigious industrial organizations at the forefront of drug and vaccine development. Many students have also excelled in national-level examinations such as Biotech Consortium India Ltd (BCIL), Council of Scientific and Industrial Research (CSIR), Graduate Aptitude Test in Engineering (GATE), and Indian Council of Medical Research (ICMR). The intake for the M.Sc. in Biotechnology is 17 students per academic year, following the implementation of the 10% EWS reservation.

2. Bioinformatics:

Established in 2003, the Department of Bioinformatics offers M.Sc. Bioinformatics and Ph.D. programs. Students from this department are often selected in national-level examinations such as GATE, ICMR, and the Bioinformatics Industrial Training Programme, New Delhi (BIITP). Many of the successful graduates are absorbed into industrial organizations and software companies. The Department of Biotechnology (DBT), Ministry of Science and Technology, Government of India, has sanctioned a Bioinformatics Centre to support teaching and research activities. The Bioinformatics Centre provides two studentships for final-semester M.Sc. Bioinformatics students and two traineeships for M.Sc. Bioinformatics students each year. These students are awarded a stipend of Rs. 8,000 per month for six months. The intake for the M.Sc. Bioinformatics program is 17 students per academic year after the implementation of the 10% EWS reservation.

3. The Department of Clinical Virology:

Serves as a 'Regional Coordinating Center for the Prevention and Control of Zoonotic Diseases in India.'
This program is part of the Inter-Sectoral Coordination for Prevention and Control of Zoonotic Diseases
under the National Centre for Disease Control (NCDC), Ministry of Health & Family Welfare, Government
of India.

(AKANKSHA)

Objectives:

• Strengthen inter-sectoral coordination for the prevention and control of zoonotic diseases of public health importance in the states of Andhra Pradesh, Telangana, and Odisha.

Program Strategies:

- Strengthening coordination between the medical, veterinary, and wildlife sectors, along with other relevant stakeholders, for the prevention and control of zoonotic diseases.
- Development of trained manpower.
- Sensitization of professionals in various sectors (medical, veterinary).
- Information, Education, and Communication (IEC) efforts to raise awareness within the community.

2. VRDL:

The State-level Viral Research and Diagnostic Laboratory (VRDL), which is funded by the Indian Council of Medical Research (ICMR) was sanctioned in the final quarter of 2014 under the "Setting up of a Nationwide Network of Laboratories for Managing Epidemics and National Calamities" program of the Department of Health Research, Ministry of Health & Family Welfare, Government of India, and began operations on 1st August, 2015. The establishment of the VRDL at SVIMS was achieved within one year due to the excellence of the medical departments at the institution Several investigations are done free of cost by VRDL SVIMS using funds received from ICMR.

ACCREDITATIONS:

Quality Management Section (NABH, NABL & Nursing Excellence):

Historical Progress:

1. NABH Accreditation Milestones:

- January 2019: Achieved Entry-Level Accreditation.
- January 2022 January 2025: Awarded Full Accreditation.
- 2023: Successfully completed Surveillance Accreditation.
- January 2025: Approved for continued accreditation for an additional five years, from January 2025 to January 2029, following the Reaccreditation Assessment conducted in October 2024.



Departmental Expansion:

In 2024, the department evolved into the Quality Management Section, which now encompasses:

- NABH (National Accreditation Board for Hospitals & Healthcare Providers)
- NABL (National Accreditation Board for Testing and Calibration Laboratories) currently in the application process
- Nursing Excellence (NE)

Future Objectives:

Nursing Excellence Certification:

• Scheduled assessment dates: 21st & 22nd March, 2025

➤ NABL Accreditation:

• Application is currently in process.

➤ INI (Institute of National Importance) Status:

• A comprehensive booklet for INI status was submitted to the Department of Medical & Health, Government of India, New Delhi, for presentation to Parliament for approval.

Other Accreditations:

> NAAC Accreditation:

• The NAAC inspection was successfully completed from 28th August 2024 to 23rd August, 2029. SVIMS was accredited with a B Grade, valid until 28th August, 2029.

SVIMS - SNAPSHOT (2024)

Hospital

Beds: 1231

Outpatients: 5,05,789

Inpatients: 52,192

Investigations: 24,67,890

Total Medical Camps conducted and treated

patients: 314 & 18,813

Academics

Student Admissions: 591

Total Students: 2255

Total Courses: 74

(UG, PG, Super speciality – Medical, Nursing, Physiotherapy & Allied Health Sciences)



SWAMI VIVEKANANDA: NOT JUST A MONK

B. Dhanushree Natarajan

2nd year MBBS Student, SVIMS-SPMCW, Tirupati.

A man who made Her prouder, bought Her spiritual identity to Life, She was in abyss but with, a call to west as siblings all were back.

As a boy was lost in the love of his mother's teachings, and was resented by his first teacher.

Today's youth can't grow without his teachings passing through us like a shock, yonder knows with the energy he produced the lines.

A monk who preached beyond religions, and now, Taking his eternal rest in His abode, his life was, Unwavering like the waves of the seas at his rock, Making Her proud by Illuminating Her Children.

He is a legacy etched in Her forever, A man,

Whose wisdom flew across the oceans.

Bringing the tides of timeless truth from his humble roots,

To igniting the souls with his echoes towards the light.



"YOU KNOW NOTHING BUT SOMETHING"

P. Hima Akshitha

1st year B. Sc. Anaesthesia Technology, SVIMS

You Don't Know When You Will Die, You Don't Know When You Will Achieve Your Goal,

You Don't Know When You Will Cry,

You Don't Know When You Will Feel Exhausted,

But....

You Know What To Do Before You Die.

You Know How To Achieve Something.

You Know How To Control Your Emotions.

You Know What To Do To Feel Relaxed.

You Know Nothing About What Happens

But,

You Know Something About How To Make Things Happen.

You Can't Control The Wind,

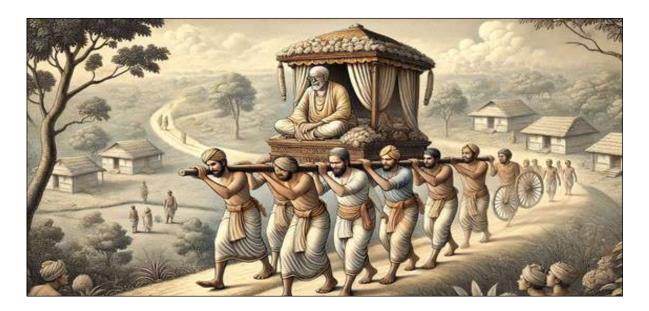
But.....

You Can Use It To Change The Course Of Your Ship.



Harmony in Motion: The Art of Building Team Equilibrium

Dr Varun Pulugundla MD, DM (Cardiology)



The faint rhythmic sound of footsteps echoed through the dusty trail, as four palanquin bearers carried the village elder toward the temple. At first glance, their movements seemed flawless—perfectly synchronized, their shoulders bearing the weight equally, and the palanquin gliding steadily. It was a picture of harmony.

But as they approached a bend, the path became uneven. One bearer stumbled briefly, and the palanquin tilted slightly. The others quickly adjusted, shifting their weight, restoring balance in a heartbeat. Their harmony was not just the result of physical strength—it came from trust, communication, and the ability to adapt to challenges together.

A small group of villagers gathered under a banyan tree, watching the bearers in awe. "How do they make it look so effortless?" one of them asked.

An elder among the villagers replied, "It's not effortless. Each of them plays a role, constantly adjusting to one another. But imagine what might happen if one of them faltered for too long..."

When Harmony Falters

The elder paused and began explaining, painting scenarios that revealed the hidden complexities of teamwork and balance.



The Silent Struggle

"What if one of the bearers grew exhausted but didn't say anything?" the elder asked. "Afraid to let the others down, he pushes through silently. But as the weight on his shoulder grows heavier, his steps slow, and his balance falters. The others, unaware of his struggle, begin to lose rhythm, and the palanquin sways."

The villagers nodded in understanding. "This is the invisible burden—when someone carries more than they can handle but doesn't feel safe asking for help. The whole team suffers as a result."

Uneven Load Distribution

"Now imagine," the elder continued, "one bearer is stronger than the others, so he ends up carrying most of the weight. At first, he manages just fine. But as the journey stretches on, the extra burden begins to wear him down. His pace slows, and the others grow frustrated, not realizing how much he's been carrying."

The villagers murmured in agreement. "Balance," the elder said, "isn't just about sharing equally. It's about ensuring that no one is left to shoulder too much."

Mismatched Strengths

"Now consider this," the elder said. "One bearer is taller than the others. To keep the palanquin level, he has to stoop, straining his back with every step. Meanwhile, a shorter bearer struggles to reach the pole, stretching her arms awkwardly. The uneven alignment causes the palanquin to tilt, disrupting the harmony of the group."

The villagers frowned. "This is what happens when roles don't match people's strengths," the elder explained. "Everyone struggles, and the journey becomes harder than it needs to be."

Skipping Rest

"What if the bearers decided to skip their usual rotations?" the elder asked. "They push through, trying to save time. At first, they manage, but fatigue creeps in. Their movements grow unsteady, mistakes happen, and the risk of dropping the palanquin increases."

The crowd listened intently. "Even the strongest need rest," the elder said. "Without it, the journey cannot continue."

Poor Communication

"Finally, imagine this," the elder said. "The path ahead is rocky. One bearer sees a dip in the road but doesn't warn the others. He adjusts his steps, assuming they'll follow. But they don't notice, and the palanquin jolts as they stumble. Frustration builds—not because of the obstacle, but because no one spoke up."

The villagers exchanged thoughtful glances. "Clear communication," the elder said, "is what keeps everyone aligned, especially when the path gets rough."

(AKANKSHA)

Why the Bearers Succeed

The elder smiled. "Despite these challenges, the bearers complete their journey. Why? Because they don't work alone. They adjust for one another, communicate openly, and share the load fairly. When one falters, the others step in to support him. When they grow tired, they take turns resting, trusting that the others will carry the weight."

He paused for effect. "Their success isn't just about strength—it's about harmony."

The villagers began to see how the bearers' journey mirrored their own challenges in life and work. But now, let's turn from the villagers and speak directly to you—the reader.

The Workplace Parallel

Think of your teams. The workplace is your palanquin. The weight you carry together represents your shared goals and responsibilities. And like the bearers, your success depends on balance, communication, and mutual support.

Lessons for Teams

The timeless lessons of the palanquin bearers apply far beyond their dusty trail. They are universal truths for every team, workplace, and collaborative effort. Consider these principles and how they might transform the way you work together:

1. Acknowledge Invisible Struggles

"Look beyond what you can see. Not all burdens are visible, but they weigh just as heavily. Stress, self-doubt, or personal challenges can silently impact performance. Create a culture where it's safe to say, 'I'm struggling,' and respond with empathy and support. Acknowledging these invisible loads can make world of the difference."

2. Distribute Work Equitably

"Balance isn't about equal effort—it's about fairness. Just as the bearers adjust their positions to share the load, teams must regularly assess workloads. Ensure no one is overburdened and that responsibilities align with capacity. Equitable distribution prevents burnout and fosters trust."

3. Align Roles with Strengths

"Success comes from putting the right people in the right roles. Understand your team members' strengths and assign tasks accordingly. When someone struggles, provide the training or support they need to succeed. Mismatched roles create unnecessary stress—for the individual and the team."



4. Encourage Rest and Recovery

"Rest isn't a luxury—it's a necessity. Like the bearers who rotate responsibilities to avoid exhaustion, teams need time to recover. Build systems that prioritize breaks, downtime, and mental health. Sustainable success depends on recharging, not relentless effort."

5. Foster Open Communication

"Talk to one another. Share obstacles, voice concerns, and provide feedback. Misunderstandings and assumptions create friction, while clear communication aligns efforts and strengthens trust. When teams communicate openly, they move forward as one."

6. Promote Mutual Support

"Success is a shared effort. When one team member falters, others must step in to help. Just as the bearers adjust their rhythm to support a struggling teammate, workplaces thrive on a culture of mutual support. When everyone feels valued and supported, the journey becomes smoother for all."

Conclusion: Walking in Harmony

The lesson is simple: whether you're carrying a palanquin or managing a team, success doesn't come from individual effort—it comes from collective harmony. Balance the load. Communicate clearly. Support one another. That's how even the heaviest burdens are carried.

Now, reflect on your own teams. Who might be carrying an invisible burden? Who needs a moment of rest? How can you align roles better or foster a culture of communication and support? These questions aren't just about work—they're about life, relationships, and the way we move forward together.

The bearers' journey is no longer just a story. It's a timeless metaphor for the challenges and triumphs of working together. The path might be uneven, and the load might be heavy, but when we walk in harmony, we can carry anything.



BHAAGAVATA WISDOM GUIDING THE DOCTOR'S DHARMA: THE SACRED PATH OF COMPASSIONATE CARE

Dr Varun Pulugundla MD, DM (Cardiology)

"ఉసురు సాసంగు వైద్యో హలి అని రోగి శరణుజొచ్చగా, విదగ్దతా శ్రేష్టుడనై, ధనుల్వరతించిన గాండీవినైతిని. కలఆల్తికి కబిలొచ్చిన చక్రి, కరములే నన్నడిపించగా, ఛేబించెదనే పద్హవ్యూహమ్ముళ్సవ్వసాచినై".



A doctor's dharma, the purest embodiment of compassionate care, is a path forged in the crucible of skill and soul. It is not merely the softness of a gentle touch or the solace of a kind word. Compassionate care is the culmination of years of relentless practice, unwavering dedication, and the pursuit of precise knowledge. It is a sacred vow — to heal, to comfort, and to stand as a sentinel at the fragile border between life and death.

Yet, this profound compassion often becomes an immense burden. Within the operating room, every moment is a silent battlefield where the stakes are no less than a human life. Like Arjuna on the threshold of **Kurukshetra**, armed with divine weaponry and guided by the greatest wisdom, the doctor steps forward fortified with knowledge and skill. But when a patient, in their utmost vulnerability, entrusts their life to his hands — calling him God and praying for deliverance — the weight of that trust is overwhelming. Doubt seeps in, and the doctor, like Arjuna, is paralyzed by the enormity of his task.

In this moment of *Astra Sannyasa* — the laying down of one's tools and questioning of one's purpose — the doctor finds himself at a crossroads. The once-clear battle for life becomes a labyrinth of uncertainties, and the healer questions his ability to carry the sacred burden.

It is within this stillness that a quiet yet profound truth unfolds. The patient's prayer is not meant for him alone. It soars beyond, reaching Lord Vishnu, the eternal protector who once hastened unbidden to save Gajendra, the elephant ensnared in a crocodile's jaws. Without waiting for permission, Vishnu rushed to rescue the helpless, his boundless compassion surpassing all constraints. In this divine narrative, the doctor



recognizes that his hands are nothing but instruments of a higher force. It is Vishnu's unseen presence — the guiding hand of the protector — that lends grace to every action, courage to every moment of hesitation.

This realization is transformative, a spiritual awakening that lifts the doctor from the weight of his burden. Compassion is no longer a solitary struggle; it becomes a sacred collaboration, a union of human effort and divine guidance. The doctor becomes a vessel, channelling Vishnu's limitless compassion and wisdom. With this newfound clarity, even the most daunting challenges — the *Padmavyuhas* of modern medicine — are approached with the steady resolve of Arjuna, the *Savyasachi*, wielding his skill with both precision and purpose, yet ever aware that the ultimate healer is the divine.

Thus, the doctor's work transcends the ordinary and becomes an offering — a sacred act of devotion to life itself. In this merging of effort and grace, the battlefield of life and death is illuminated not by human endeavour alone but by the radiance of Vishnu's compassion. Healing becomes an act of worship, a testament to the divine partnership that underpins every touch, every decision, and every breath saved.



"I am a fallen Star that descended to the Earth,

Just to Enter your heart.

Because I saw something in your heart

That I hadn't seen anywhere in this Universe.

And now, by coming into your heart,

I will become your guiding star,

Your true lover,

Who will love you prom the heart.

Forever, my love".

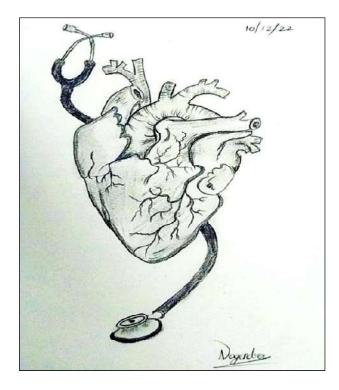
श्रीवैद्भेटेश्वर स्वामी के उत्सव

निच्चन कीरिकानिया नी नाममे चान,
तेचि पुनीन चेय नी तीर्थमें चान,
पांच पापा नाणय नी प्रसादमें चान,
येच्युकीन्द उपायान, इक नेन !

धनुनि चेयमन नी कैंक्यमें चान,
मीनिय कावन कावम निस्मीण नांधनमें चान,
येच्यु येनसेन दिक्नुदेश इक नेन वेदक!
नेनवीन सुखीमया नी ध्यानमें चान,
इनमें ब्री वैद्भेटेश! इन्निटा मान, कानव,
येनिम नितरमुन इक नेन वेदक!
"औम् नमी वेद्भेटेशाय"

Shaik Mansha, M.Sc Bioinformatics, SVIMS

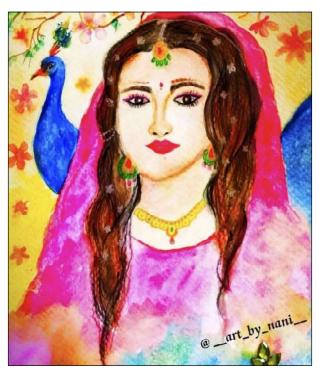






Karneedi Nagendra, 1st Sem BPT, SVIMS





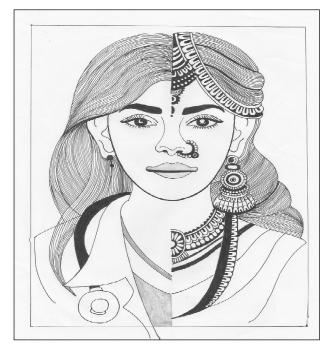
Karneedi Nagendra, 1st Sem BPT, SVIMS



Karneedi Nagendra, 1st Semester BPT, SVIMS

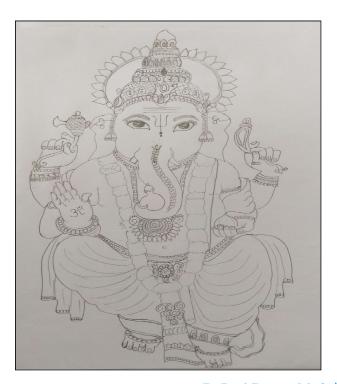


N. Vineela Bindu, M.Sc Bioinformatics, SVIMS





N. Vineela Bindu, M.Sc Bioinformatics, SVIMS

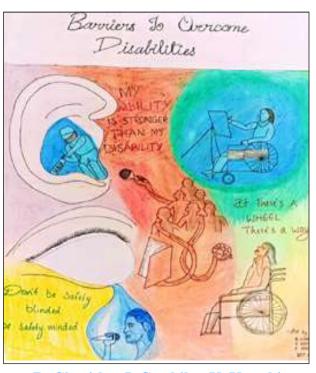




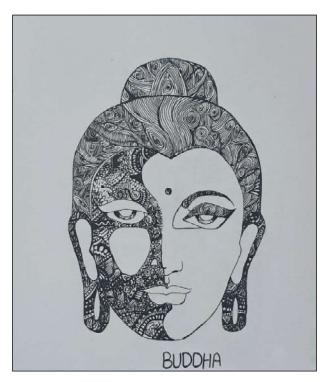
P. Jeni Parvathi, 2nd year BPT, SVIMS



P. Jeni Parvathi, 2nd year BPT, SVIMS



R. Charitha, J. Geethika, K. Keerthi, 4th Sem, BPT, SVIMS





Hazeera Udayagiri, M.Sc Biotechnology, SVIMS

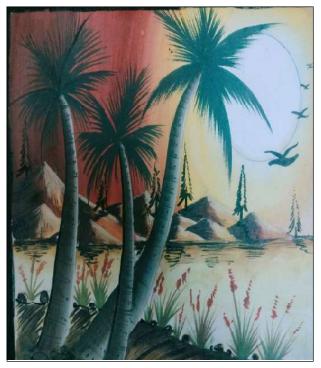








J. Monika, 2nd year BPT, SVIMS



J. Monika, 2nd year BPT, SVIMS



K. Chetana, 5th Sem BPT, SVIMS



K. Deepa, 1st Sem BPT, SVIMS



K. Harika, 2nd year MPT, SVIMS



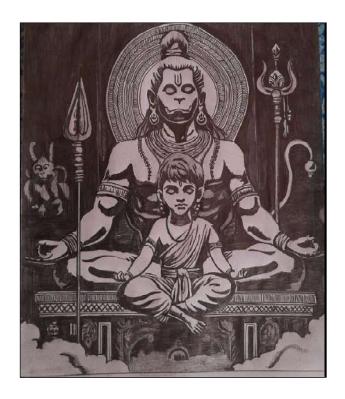
S. Hemalatha, 1st year BPT, SVIMS

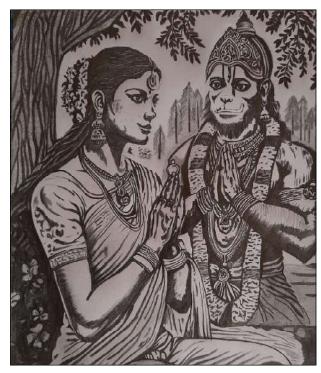


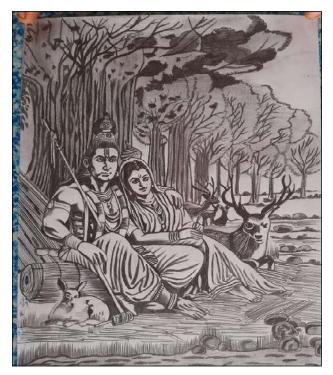
Varaganti Likhitha, 2nd year BPT, SVIMS

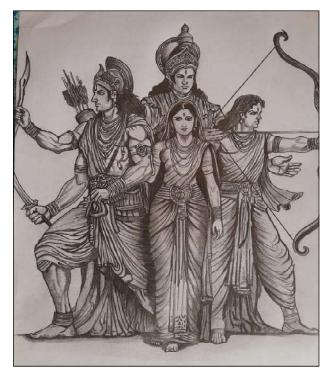


V. Navya Srihita, 1st sem BPT, SVIMS









Pasupuleti Bindu Madhavi, 1st MBBS, SVIMS-SPMCW



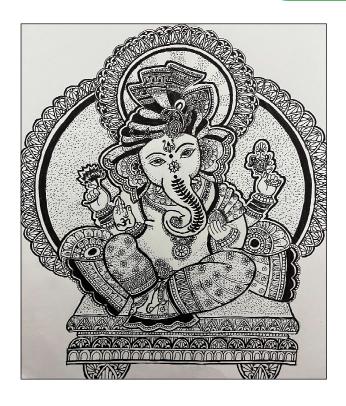


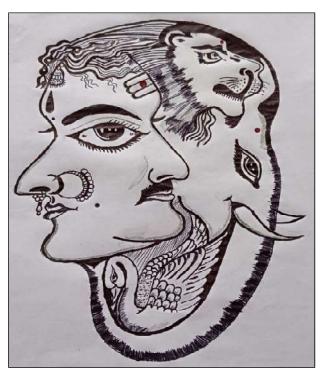
Pasupuleti Bindu Madhavi, 1st MBBS, SVIMS-SPMCW

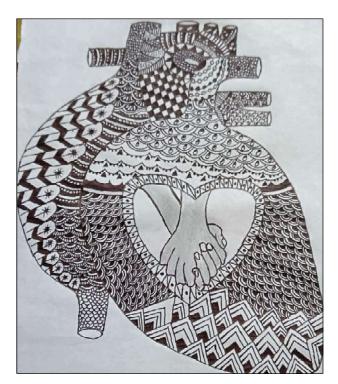




R. Charitha, 2nd year BPT, SVIMS

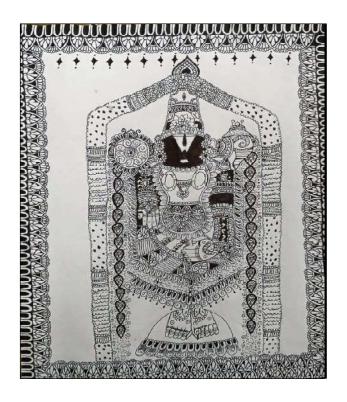


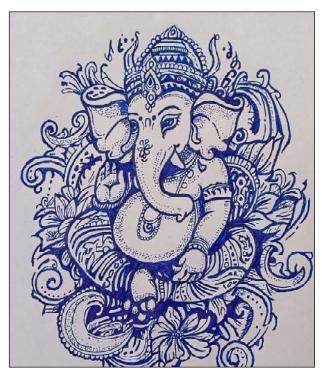


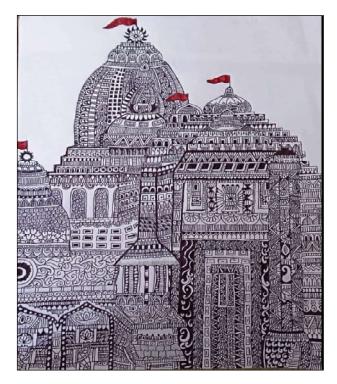


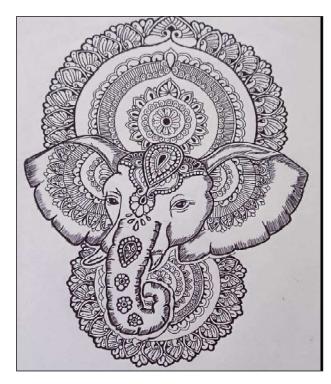


R. Charitha, 2nd year BPT, SVIMS



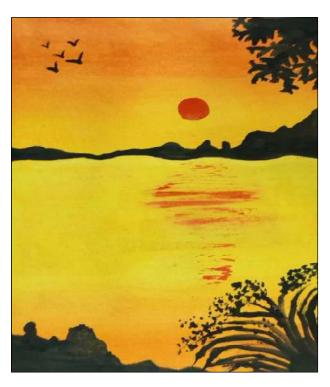






R. Charitha, 2nd year BPT, SVIMS









Randala Shanitha Madhuri, $1^{\rm st}$ MBBS, SVIMS-SPMCW

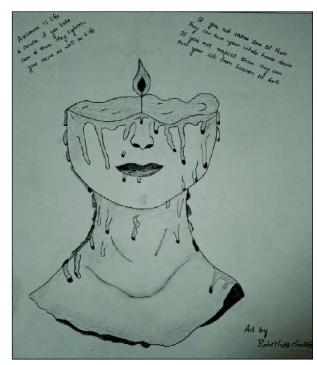




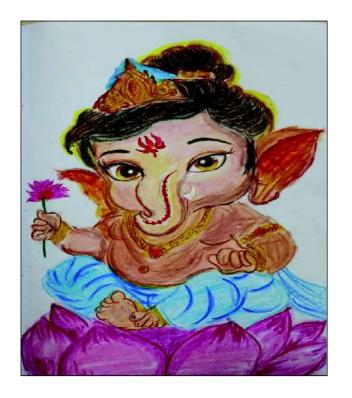
Randala Shanitha Madhuri, 1st MBBS, SVIMS-SPMCW

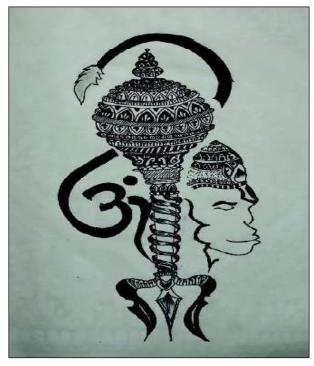


Randala Shanitha Madhuri, 1st MBBS, SVIMS-SPMCW



Rohitha Challa, 1st year MPT, SVIMS

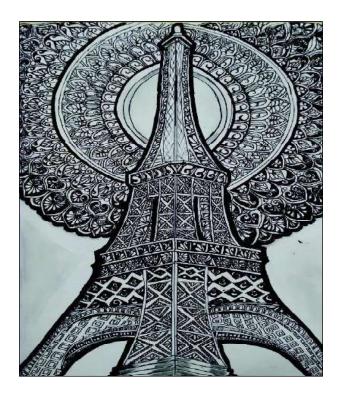






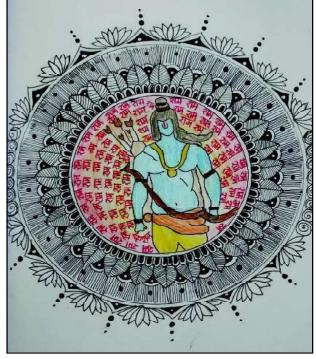


S.Bhavasri , 2nd year BPT, SVIMS

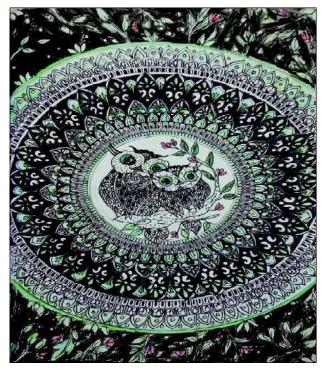








S.Bhavasri , 2nd year BPT, SVIMS





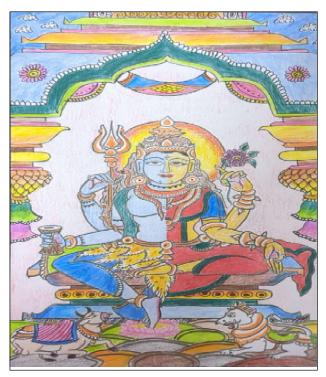
S.Bhavasri , 2nd year BPT, SVIMS



S.Bhavasri , 2nd year BPT, SVIMS



Sajjanam Hemavasanth, 2nd year B.Sc., Neuro Physiology Technology, SVIMS

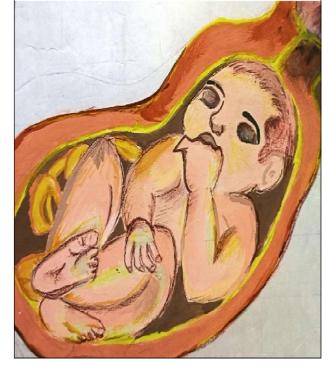


Kattoju Jayishika, 2nd MBBS, SVIMS-SPMCW



N. Jyothirmai, 1st Sem, BPT, SVIMS





Shaik Ghouse Basha, 1st year MPT, SVIMS

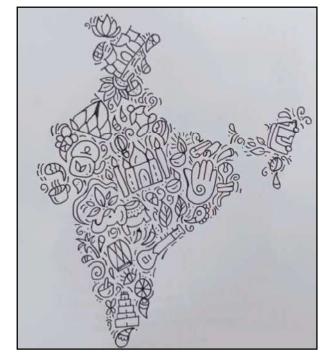


Shaik Ghouse Basha, 1st year MPT, SVIMS

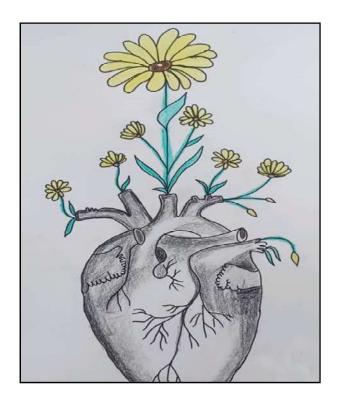


Varaganti Likhitha, 2nd year BPT, SVIMS

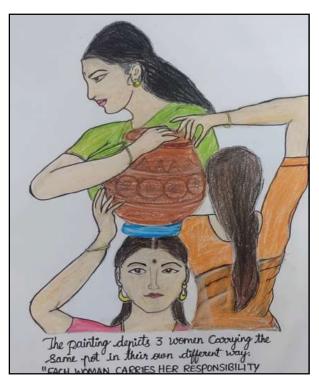


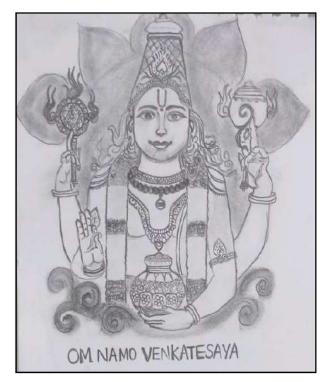


Varaganti Likhitha, 2nd year BPT, SVIMS







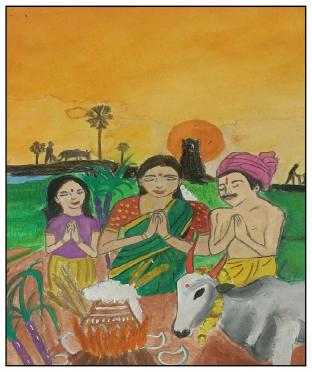


Varaganti Likhitha, 2nd year BPT, SVIMS









Varaganti Likhitha, 2nd year BPT, SVIMS





Varaganti Likhitha, 2nd year BPT, SVIMS



SVIMS at Glance



SVIMS successfully Transplants Organs (Heart, Liver and Kidney) on 18.01.2024, Dr. R.V. Kumar, Director cum VC, SVIMS, Dr. R. Ram, Medical Superintendent, Dr. Koti Reddy, RMO, Mr. Prasad, MSW, Smt. Prabhavathi, Deputy Director (Nursing) & Doctors attended



Rally organized on the occasion of World Cancer Day - 2024 held on 04.02.2024



Dr. R.V. Kumar, Director cum VC, SVIMS received a DD of Rs. 10,01,000/- on 08.02.2024 at Director's Chamber. Donated by M/s. C.M.G. Steels Pvt Ltd., Tirupati Branch Representative Sri Y. Raghavendra handed over the DD for SVIMS Sri Balaji Aarogya Varaprasadini Scheme



Department of Radiation Oncology conducted "6th Annual SVIMS Radiation Oncology Chair" on 04.03.2024 on the Dr. D.N. Sharma, Professor and Head, Department of Radiation Oncology, AIIMS, New Delhi, delivered the lecture on "Brachytherapy: The Art of Radiation Oncology"



International Women's Day held on 08.03.2024 at Sri Padmavathi Auditorium, SVIMS



Offered tributes to Prof. D.G. Oreopoulos, the Father of modern peritoneal dialysis on the occasion of "World Kidney Day" held on 13.03.2024



"National TB Eradication Day" held on 24.03.2024 by the Department of Medicine, SVIMS



College of Physiotherapy, SVIMS conducted workshop on "Aerobics, fitness and Swiss ball exercise" by Surajeet Chakrabarty, Chairman at Indian Academy of Fitness Training,
Mangalore, in the month of April 2024



SVIMS celebrated "International Nurses Day" on 12.05.2024 infront of Director's chamber. Dr. R.V. Kumar Garu, Director cum Vice Chancellor, SVIMS, Dr. R. Ram, Medical Superintendent, Dr. Sudharani, Nursing College Principal, Smt. Indrani, Grade I Nursing Superintendent, Nurses, staff and students attended the programme



Seminar on 5G Use cases in Healthcare Sector organized by Telecom Regulatory Authority of India, Regional Office, Hyderabad, held on 20.05.2024 at SVIMS, Tirupati



"World No Tobacco Day" held on 31.05.2024 at OPD, SVIMS by the Department of Medicine



International Yoga Day held on 21.06.2024 at SVIMS



Doctor's Day Celebrations conducted on 01.07.2024 at Sri Padmavathi Auditorium, SVIMS



SVIMS conducted Free Medical Camp on 15.07.2024 at Venkatapathi Nagar, Tirupati Rural Mandal, attended by Sri Pulivarthi Nani, MLA, Chandragiri Constitution



Awareness programme on "Donation of Mother Milk" jointly organized by Govt. Maternity Hospital and Rotary Club, Tirupati, from 1.08.2024 to 07.08.2024



On the occasion of "Indian Organ Donation Day" an Awareness Programme was conducted on 03.08.2024, attended by Smt. M. Gautami, IAS, JEO (H&E), TTD, Tirupati



Fruits distributed by Sri Aarani Sreenivasulu, MLA, Tirupati, to the Blood donor on 02.09.2024



Felicitation of the ex-Senior Professors of SVIMS on the occasion of Teacher's Day celebrations held on 05.09.2024



College of Physiotherapy conducted "World Physiotherapy Day" on 25.09.2024 at Sri Padmavathi Auditorium, SVIMS



"World Heart Day" held on 29.09.2024, by the Department of Cardiology, SVIMS



1st prize winner in the "Hayagreeva Quiz" conducted by the Department of Physiology, SVIMS-SPMCW held on 08.11.2024



College of Physiotherapy, SVIMS conducted workshop on "Exploration of innovative approach in physiotherapy" by Prinyanshu Rathod, Dean&Faculty of Medicine, RK University, Gujarat, in the month of November, 2024



"Importance of Prana as envisaged in Veda and Allied Literature" delivered by Dr. A. Venkata Radhe Shyam, Deputy Director, Faculty of Research & Publications, Sri Venkateswara Vedic University, Tirupati



Depts. of Pharmacology & Microbiology jointly conducted Antimicrobial Resistance (AMR) awareness week from 18th to 24th November, 2024



Rally held on 02.12.2024 on the occasion of "National Pollution Prevention Day" organized by Department of Community Medicine, SVIMS-SPMCW



"Anti Ragging Awareness Programme" conducted by SVIMS University on 28.12.2024 as a part of Foundation Programme, attended by Sri Achuta Parthasarathy, District Judge (Retd) & Former President, Dist. Consumer Commission, Tirupati, Dr. T.P. Sudhakar, Prof&HOD of Psychiatry, Apollo Institute of Medical Sciences and Research, Chittoor and M.V. Anil Kumar, Sub Inspector of Police, West Police Station, Tirupati



Inauguration of "German language training and placement for Nurses" organized by Andhra Pradesh State Skill Development Corporation at Sri Padmavathi Auditorium, SVIMS



MEDAL AWARDEES – 2023

To be awarded in Convocation

SPORTS ACTIVITIES INDIVIDUAL CHAMPION-UNIFEST-2024



Mr. P. Guru Prakash, AHS [MLT], 3rd year, SVIMS



SVIMS University Men Cricket Team Participated in Sanyog-2024 Invitation Cricket Chapionship Tournament Organized By IIT-Tirupati. Players From Left Akhil, MPT, Balasubramanyam [N], Jagadeesh,AHS, Asrar [N], Anil Kumar Reddy[MPT], Govindu-COP-Ph.D Mr.B.A.Madh Babu, Physical Director, Ranjiyh Kumar, AHS, Sai Kumar, M.Sc, Sunil Kumar [BPT], Sahelmanzor [N], Harish Kumar[N] Dr.Namesh, Sr.Rs [Neph.], Veerendra [BPT]



SVIMS University Men Volley Ball Team Participated in SANYOG-2024 INVITATION Chapionship Tournament Organized by IIT-Tirupati

Standing From Left Uday Kumr[N], Prasad Naik[Ahs], Sdheer[MPT], Naveen Kumar[N], Paandu[Attender], Haleem Basha[N], Asrar[N], Tej[AHS], Harish Kumar[N], Neeraj[N], Balasubramanyam[N], Mr.B.A.Madh Babu, Physical Director, Umar[N], Rafaath[N]



SVIMS University Students - SANYOG - 2024 - Invitation Men Athletics Championship and Women Table Tennis - Organized By IIT-Tirupati. Winners of Athletics Champion Trophy & Table Tennis - Winners with Prof. R.V. Kumar, Director-Cum-VC, SVIMS



SANYOG-2024 Invitation - Athletics Championship Organized By IIT-Tirupati Mr.B.Uday Kumar, Nursing Student - Winner of the Javelin Throw - II Place & Discuss Throw-I Place Also seen Dr.V.Sree Kumari, Assoc.Prof., COP, Dr.N.Sudha Rani, Principal, CON, Dr.Madhu Babu, Principal-AHS, Dr.K.R.Subhash, Chairman Sports Board, & Mr.B.A.Madh Babu, Physical Director



SANYOG – 2024 INVITATION ATHLETICS CHAMPIONSHIP ORGANIZED BY IIT-TIRUPATI Mr. P. DHANUSH KUMAR, NURSING STUDENT WINNER OF THE HIGH JUMP III Place

Prof. R.V. Kumar, Director-cum-VC, SVIMS, Dr.V.Sree Kumari, Assoc.PROF. COP, Dr.N.Sudha Rani, Principal, CON, Dr.Madhu Babu, Principal-CAHS, Dr.K.R.Subhash, Chairman Sports Board, & Mr.B.A.Madh Babu, Physical Director



SVIMS University Women Table Tennis Championship Trophy Winners - SANYOG - 2024 Invitation Organized by IIT-Tirupati - Miss.Preethi [BPT] & Miss. Tejaswini [BPT]



SVIMS University Men & Women Teams Participated In 5k. Run Championship On14.04.2024 - Organized By IIT-Tirupati, Miss.Mounika[AHS], Miss. Sandhyaabhai[N], Miss.Prasannalakshmi[N],- Mr.Sujith[AHS], Mr.Ravikumar[N], Mr.Manojkumar[N], Mr.Guruprakash[AHS], Mr.Jagadeesh[N]



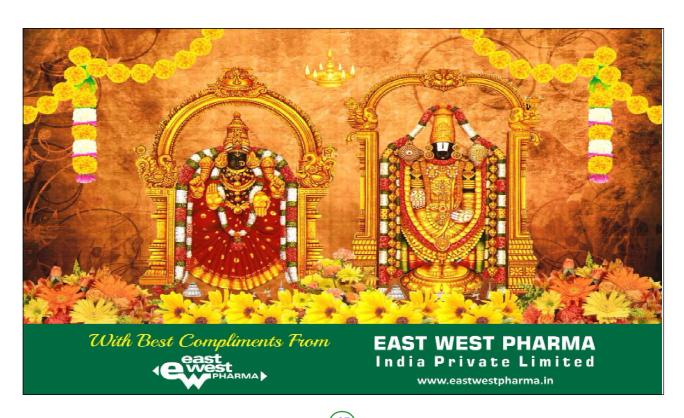
Mr .Lokesh[AHS Student] Participating in SANYOG – 2024 Invitation - Athletics Long Jump Championship Organized by IIT-Tirupati



Mr. P.Guru Prakash[AHS Student] Participating in SANYOG – 2024 Invitation - Athletics Long Jump Championship Organized by IIT-Tirupati



Mr. Prasad Naik [AHS Student] Participating in SANYOG – 2024 Invitation - Athletics Shotput Championship Organized By IIT-Tirupati





MEDAL AWARDEES – 2023

To be awarded in Convocation

Sl. No	Name of the Medal	Regn. No.	Name of the Awardee	Course name / Specialty	Photo
1	"Dr.Nyapathi Ramachandra Rao" Gold Medal - 2023 in MD Medicine	20440060	Dr.G.Bindhu Madhavi	MD - Medicine	
2	"Dr. G.Subramanyam & Dr.Sunitha Subramanyam" Medal for securing highest marks among of all MCh Courses - 2023	20770061	Dr. Anirudh Suseel N	MCh - Genito Urinary Surgery	9
3	"Dr. G.Subramanyam & Dr.Sunitha Subramanyam" Medal for securing highest marks of all DM Courses - 2023	20750029	Dr. Mathini S	DM - Nephrology	
4	"Dr. G.Subramanyam & Dr.Sunitha Subramanyam" Medal for securing highest marks of all MD Courses - 2023	20410090	Dr. Madhuri Dommaraju	MD - Anaethesiology	
5	Medal in memory of "Sri Simhadri Satyanarayana Rao" for securing highest marks in MCh Surgical Oncology - 2023	20790025	Dr. Vinodhini P	MCh - Surgical Oncology	
6	"Jayasree Sitarama Swamy Kadiyala" medal for securing highest marks in MD Radio-Diagnosis - 2023	20480034	Dr. P. Jyothirmayi	MD - Radio- diagnosis	
7	"Smt. Sita Mahalakshmi & Sri Venkata Neela Krishna Sarma Peyyety" Medal for securing highest marks in MD Anaesthesiology	20410090	Dr. Madhuri Dommaraju	MD - Anaethesiology	

Sl. No	Name of the Medal	Regn. No.	Name of the Awardee	Course name / Specialty	Photo
8	Medal in memory of "Sri Nara Sreenivasulu Naidu and Smt. Nara Nagamma" for securing highest marks in MBBS – 2023, SVIMS-SPMCW	1805001	Abhigna O	MBBS	
9	Medal in memory of "Dr.P.Subrahmanyam, IAS" for securing highest marks in MSc Life Sciences (Biotechnology & Bioinformatics)	21210266	Kanuparthi Pranathi	M.Sc. Biotechnology	
10	"Faculty - College of Physiotherapy" Medal for securing highest marks in Master of Physiotherapy - 2023	21080239	G. Kiran Kumar	Master of Physiotherapy	
11	"Komal Reddy Foundation Trust" Medal for securing highest marks in MSc Nursing - 2023	21270410	Tadimarry Jareena	M.Sc. Nursing	
12	"Dr.G.Subramanyam & Dr.Sunitha Subramanyam" Medal for securing highest marks in BSc Nursing – 2023	19021574	Eluru Uma Maheswar	B.Sc. Nursing	
13	"Dr.G.Subramanyam & Dr.Sunitha Subramanyam" Medal for securing highest marks in Bachelor of Physiotherapy 2022	18010889	Kanna Muni Ramya	Bachelor of Physiotherapy	The second
14	"Komal Reddy Foundation Trust" Medal for securing highest marks among all BSc AHS courses - 2023	19040593	Kurra Bindu Sagar	B.Sc. Nuclear Medicine Technology	



LIST OF AWARDEES OF MERIT CERTIFICATES - 2023

Name of the Medal	Regn. No.	Name of the Awardee	Course name / Specialty	Photo	
Merit certificate for securing highest marks in M.Sc. Bioinformatics – 2023	21210282	Vaku Nagendra Prasad	M.Sc. Bioinformatics		

2023 - Cash award of Rs.25,000/- presented to topper in Physiology – 1st MBBS 2018 batch in Memory of Late.Sri M.R.Balaji Singh father of Dr.Sharan B Singh M, Principal, SVIMS – SPMCW for the purpose of PG Preparation

Reg.No.	Name	Year	Course	Photo
1805001	Abhigna O	2018 batch	MBBS	(01-3)

LIST OF AWARDEE FOR SECURING HIGHEST MARKS IN 1ST MBBS – 2024

Name of the Medal	Name of the Awardee	Reg. No.	Course name / Specialty	Photo
"Dr. V. Jayaram & Mrs. Lalitha Jayaram" medal for securing highest marks in 1 st MBBS – 2024	Pachipala Ushasree	2305167	1 st MBBS	99





SRI VENKATESWARA INSTITUTE OF MEDICAL SCIENCES



TIRUMALA TIRUPATI DEVASTHANAMS, TIRUPATI

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