



SRI VENKATESWARA INSTITUTE OF MEDICAL SCIENCES
(A University established by an act of A.P. State Legislature)

TIRUMALA TIRUPATI DEVASTHANAMS



SVIMS CHRONICLE

A Publication for Friends and Colleagues of SVIMS

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PINK BUS FOR THE PINK HEALTH OF WOMEN



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FROM DIRECTOR'S DESK



A very happy new year greetings to all our
Friends of SVIMS!

On behalf SVIMS family, it is a proud moment for me to bring out the 5th edition of The Chronicle, which not only portrays the progress in the last quarter, but also gives a snapshot of 3- year forward march of the Institute. We are firing on all cylinders, which does not mean that we have maximised all our potential. Hence our 'process for progress' this year, is to shed the non- performing assets and invest into a growth trajectory. SVIMS will transform to run as a sound business model, but with the heart to serve the vulnerable and underserved. In so doing, we will be our own harshest critic and continuously reinvent by taking inputs from all stakeholders.

In the service of humanity!

PROF.(DR.)T.S.RAVIKUMAR
Director cum Vice Chancellor
SVIMS, Tirupati

SVIMS UNIVERSITY

ACHIEVEMENTS during the last 3 years

INFRASTRUCTURE

During the last 3 years alone (2015-2018) SVIMS created over 13 lakh sq ft of built infrastructure, compared with facilities during the prior 22 years of about 8 lakh sq ft (162% growth)!

- Nation's 2nd Medical College exclusively for women in public sector was started in 2014 (Sri Padmavathi Medical College for Women)- Inaugurated by Hon'ble Chief Minister of AP on 16th December 2016.
- Hon'ble President of India inaugurated SPMCW Hospital in 2017. (Total Rs.372 cr for college + hospital by Government of A.P.)



- Southeast Asia's largest dialysis facility under one roof was inaugurated by Hon'ble Union Minister of Parliamentary affairs in January 2017 (100 maintenance dialysis under PPP & 25 acute dialysis machines)

- Central library: built with Rs. 6.5 cr donation, was opened in November 2016.
- Installation of full solar system in 2018 to promote "green campus"



NATIONAL & GLOBAL PRESENCE

- NIRF 2018: SVIMS ranked 62nd among Universities and 89th out of 957 'overall institutions' nationally

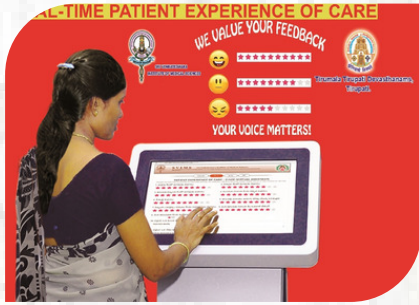


- AIU: First ever conclave of VC's of medical universities and Dean's of medical colleges was organized by SVIMS in October 2017, under the aegis of Association. of Indian Universities. SVIMS director was appointed convener of National Task Force of Medical Universities & member of Governing Council of AIU.



- AAA Rating: SVIMS stood at 31 among top 100 medical universities and 2nd in the state in Careers 360 magazine survey.

- Global collaborations & partnerships have been established with several Global Best during the last 3 years: Harvard Global Health Institute, University of Texas system, Virginia Commonwealth University, Loma Linda University, Pan American Trauma Society, to name a few.



- SVIMS is the only health system in India that reports several quality & patient safety metrics voluntarily for public access online since June 2016. In March 2018, a real time patient feedback system was launched. These innovations led to SVIMS VC being invited as visiting scholar to Harvard School of Public Health/ Harvard Global Health Institute to conduct seminar in July 2018. He also holds an Endowed chair in Quality/Patient Safety at SVIMS. The data collected through patient experience of care portal was uploaded in SVIMS website on World Patient Safety Day, 9th December, 2018.

- BMJ South Asia Award 2017: Neurosurgery team was finalist in “Surgical Team of the Year” category.



- Partnership with Rotary International: Digital Mammography for early breast cancer detection in Chittoor district.

SERVICE EXCELLENCE & COMMUNITY BENEFIT



- Dr. NTR Vaidya Seva Trust honoured SVIMS with “Best Government Hospital and 1st/2nd prizes in seven other specialties in July, 2018

- Hospital and clinic provided Rs.45 cr equivalent free services during 2017-18 FY.
- Over 6000 hemodialysis & 120 peritoneal dialysis are performed per month as on 2018, the largest in A.P.

- Cardiology program achieved a milestone of 10,000 angioplasties in 2016, highest in public sector; and reported the highest number of primary angioplasties (>1000) in India.
- SVIMS stands at the top in A.P. state in conducting Medical Camps in underserved and tribal areas. During the last 4 years 145 camps were conducted benefiting 50,265 patients.



- SVIMS movement disorder program is one of its kind in A.P state in Neurosciences. By October 2018, 25 Deep Brain Stimulation Procedures were completed since the programme's launch one year ago.

- Patient Comfort Services expanded during the last 3 years include: choultries, dormitories, mahaprasthanam, hospital transport system, and one-stop multidisciplinary 'SVIMS Clinic'.



- As Silver Jubilee community effort, SVIMS faculty, students & staff launched community CPR and have already trained over 20,000 citizens in Chittoor district. SVIMS students made a presentation on CPR at Gnana Bheri program organized by Gnana Bheri. As per the instructions of Hon'ble Chief Minister Sri. N. Chandrababu Naidu garu SVIMS in collaboration with District Government Officials is conducting CPR training sessions in Chittoor District in a phased manner.

- SVIMS students launched "Memukuda, Nenukuda" community cancer screening campaign in 2018

- 'Pink Bus': A novel "Women's Health Initiative of Rayalaseema" through bundled screening for cancer and other NCDs was successfully launched on 28th December, 2018. Cancer screening camp was conducted on the same day at PHC, Mangalam screening 35 women for Breast, Cervix and Oral cancers.



ACADEMICS

- 'SVIMS Simulation System (S3) was inaugurated in February 2018, with Rs.6 crore outlay for innovations in training, quality, team building and patient centered care.
- SVIMS stands alone in A.P., offering all basic, broad specialty, super specialty, nursing, physiotherapy & allied health sciences courses under one roof: 68 academic programs with a total student intake of 2000 per year.
- SVIMS is the only institution in A. P. State offering training in all disciplines of Oncology along with High dose Radionuclide therapy and Transfusion Medicine.
- SVIMS was co-host for Indian Science Congress, 2017.





- SVIMS was awarded the status of “International Training Centre” with approval received by American Heart Association in December 2017.

RESEARCH

- CfAR: To accelerate patient & population oriented discoveries, a Centre for Advanced Research was built through a Rs.12 crore donation by Ms. Vital Laboratories. It is functional as on July 2018, awaiting formal inauguration.
- ICMR funded Viral Research & Diagnostic Laboratory (VRDL) was commissioned in 2015 by Hon’ble Health Minister, A.P and is being upgraded to a State Level lab..



PHILANTHROPY

Through Sri Balaji Arogya Varaprasadini Scheme, SVIMS generated donations for research, of Rs. 147 crores during the last 3 years, compared with Rs. 125 crores during the preceding 22 years since inception (↑118%).



SVIMS WOMEN'S HEALTH INITIATIVE PINK BUS LAUNCHED



SVIMS Director cum Vice Chancellor Dr.T.S.Ravikumar addressing the gathering during the launch of PINK BUS on 28-12-2018 in SVIMS campus.



OUR CONCEPT IS TO EMPOWER WOMEN AND CREATE STRONG COMMUNITIES THROUGH HEALTHY WOMEN. HEALTHFULNESS OF SOCIETY CAN BE ACHIEVED THROUGH WOMEN'S HEALTH

-Dr.T.S. Ravikumar, Director cum Vice Chancellor, SVIMS

SVIMS women's health initiative Pink Bus was launched on 28th December 2018 in SVIMS Campus. 'Pink Bus' is designed to provide bundled screening for the 3 major cancers affecting women: Breast, Cervix & Oral Cavity.

Addressing the gathering during the inauguration of Pink Bus Dr.T.S.Ravikumar presented the Globocan 2018, WHO statistics on cancer. "According to WHO 2018 data, the estimated new cancer cases in 2018 is 11.57 lakhs and 7.84 lakhs cancer related deaths in India. In USA 1.735 million are diagnosed with cancer each year with 609,000 deaths. The death rate is as low as 35% in America while it is nearly 68% in India or double that of USA. So, the goal of all cancer control strategies is to improve the survival rate through early diagnosis & then towards cancer prevention" said Dr. Ravikumar. He also said that more women than men are affected in India. Nearly 5,87,249 women are diagnosed with cancer whereas 5,70,045 men are diagnosed with cancer in India each year. Cancer deaths in women in India is 3,71,000 per year, with death rate of 63%.

Cancer deaths in women in India is 3,71,000 per year, with death rate of 63%.

- WHO, Globocan

Mobile Mammography

Oral examination

Breast Ultrasound

Gyn exam / Pap smear



Pink Bus will help in prevention to palliation for women at their door step. SVIMS' preliminary target is to reach the five villages that were linked to SVIMS under Unnat Bharath Abhiyan as well as Mangalam, the assigned rural health center of SVIMS. Cancer screening programmes will be conducted in these villages serving nearly 1.5 to 2 lakh population: the five villages being Naravaripalli, Settupalli, Kammappalli, Vadamalapeta, Ramachandrapuram, in addition to Mangalam.



SVIMS Director cum Vice Chancellor Dr.T.S. Ravikumar with students and staff during the launch of Pink Bus.

The Pink bus features mobile mammography, gyn exam/ PAP smear, oral examination, breast ultrasound, educational video on cancer prevention, patient counselling and will screen for breast, oral cavity and cervical cancers which are listed among the top five cancers in the WHO, Globocan data. Women will be screened for these cancers in a bundled approach. Subsequently, screening for other Non Communicable Diseases (NCDs) through assessment for High Blood Pressure, Diabetes, Kidney diseases & Heart diseases is planned.

Dr. Ravikumar lamented the lack of population level data on cancers in Andhra Pradesh & mentioned that the Globocan 2018 data included 26 cancer registries in India, but none from Andhra Pradesh. Therefore, he proposed a 'Rayalaseema Cancer' Registry (Rayala Can). Further, "healthcare financing systems in public sector have not provided funding for cancer screening, which is unfortunate" he added.

Dr. T.S. Ravikumar thanked Mr. Lalith Shah, Mumbai who donated Rs.1 crore for Pink Bus and many other donors & members of SVIMS who have helped in making this "Pink Initiative" a reality through their donations to cover the cost of Rs. 2.19 Crores. He also thanked Rotary club for donating digital mammography to SVIMS to be commissioned soon & for expected collaboration in spreading cancer prevention awareness in communities.

Cancer Screening camp with Pink Bus was initiated with some eligible women in SVIMS campus. The bus then traveled to PHC, Mangalam and 35 women were screened for breast, oral and cervix cancers on 28-12-2018.



Donors for the Pink Bus

- M/s. Ambuja Intermediates Pvt. Ltd., Mumbai.
- M/s. Rolta Foundation, Mumbai
- M/s. Prabha Engineers, Chennai.
- Dr. Vishaka Lakshmi
D/o V. Sivakumar, Nephrology, SVIMS.
- Sri. Balaji Duggirala, Tirupati
- Dr. Srikala Ravi Kumar,
W/o Dr. T.S. Ravikumar, Director cum VC, SVIMS
- Smt. Dr. N. Sharvani, Tirupati
- Dr. V. Subhadra Devi, SVIMS
- Mr. Vaka Sudarshan, SVIMS
- Mrs. M. Prasanna Lakshmi, SVIMS
- Dr. Aparna R Bitla, SVIMS
- Dr. M. M. Suchitra, SVIMS
- Dr. M. Yerram Reddy, SVIMS
- Sri. V. Rajasekhar, SVIMS.
- Usha Sree, SVIMS
- Sri. K. Srinivasa Sastry, DEE,
Dr. NTRUHS
- Smt. Sanathana Lakshmi, SVIMS
- J. Vasudeva Reddy, SVIMS

Chittoor District on a March to be CPR Smart

SVIMS Imparts CPR Training To People of Chittoor District



Our Plan:

Phase 1

Train the Trainers (TOT)

Teachers, Primary Health Care Workers, NCC volunteers will be given training in CPR and skilled further to act as trainers at their community level.

Phase 2

SVIMS CPR trainers along with trainers at community level will reach out to the villages of different constituencies and train the students, teachers and public in CPR making them CPR smart.



We used to teach first aid techniques for snake bite, burnt wounds to

students. But today we are happy that we gave our students the skill of saving a life. We are happy to have trained our students and community in CPR and we wish the CPR program reaches every corner of the district.

Shaik Illiyas,
Head Master,
Mandal Parishat Primary
School, Kazipet.

Edutainment



SVIMS with the help of Sri Venkateswara Bhakthi Channel created a video on CPR. The video has helped SVIMS to educate the public about CPR more clearly. Above is the projection of SVIMS video on CPR at a school.

As per the instructions of the Hon'ble Chief Minister of Andhra Pradesh, SVIMS and Chittoor District Government charted out plans to conduct Community CPR Program in Chittoor district in a phased manner educating every single individual about CPR in entire Chittoor District. The Community CPR Program under Aadithya Hridayam project took off on September 29th, 2018 by training nearly 157 students and teachers in Chittoor. After the successful start, SVIMS CPR trainers with the help of Chittoor District officials took a 5 day campaign in all panchayats of Palamaner and Kuppam constituencies,



SVIMS CPR trainer demonstrating CPR Procedure to teachers and students at a school in Palamaner.

training a n d educating the people there in CPR and motivating them to be CPR ready anytime, anywhere. The program was successfully organized in two phases. First being the 'Train the Trainers' program that took place during 8th & 9th November, 2018 where in teachers, primary health care workers, NCC volunteers of Palamaner and Kuppam, received training in CPR and were skilled further to act as trainers at their community level. From 12th -14th November, 2018 SVIMS CPR trainers along with trainers at community level reached out to the villages of Palamaner and Kuppam constituencies and trained the students, teachers and public in CPR making them CPR smart.

This CPR training program at community level has equipped 21,674 persons including students, teachers, anganwadi workers, NCC cadets and Primary Health Care workers with CPR knowledge and readied them for a greater responsibility of 'Saving Life'. SVIMS also organized a CPR training sessions in Sanambatla, Chandragiri Mandal, Molakalacheruvu, and 17 schools in Tirupati and trained 2,606 people in CPR in November and December. The positive response received from the population in these places has energized SVIMS CPR trainers to take up CPR sessions in other parts of Chittoor and make it the 'First CPR Smart District' in the country.

Family & Friends CPR at AIIMS Mangalagiri



AIIMS-Mangalagiri President & SVIMS Director cum Vice Chancellor, Prof. T.S. Ravikumar demonstrating the CPR procedure during the Family & Friends CPR Program at AIIMS-Mangalagiri

SVIMS CPR team under the leadership of Dr.T.S.Ravikumar, Director cum Vice Chancellor, SVIMS and President, AIIMS-Mangalagiri successfully conducted Family & Friends CPR Program at AIIMS-Mangalagiri during its inauguration on 30-08-2018.

The first batch of 150 MBBS students and their parents received training in CPR in this program. This program is the first of its kind in India.

Dr.Sachin Menon was the Chief Instructor of the program. SVIMS team Dr.Gowtham, Asst.Prof., ED, Dr.Paul, Chief Medical Officer, SVIMS; Dr.Jagadeesh, CMO, SVIMS, N.Afrin, Staff Nurse and S.Anjani, Student, COP participated in the training program from SVIMS.

First Aid & CPR Training at Rajahmundry



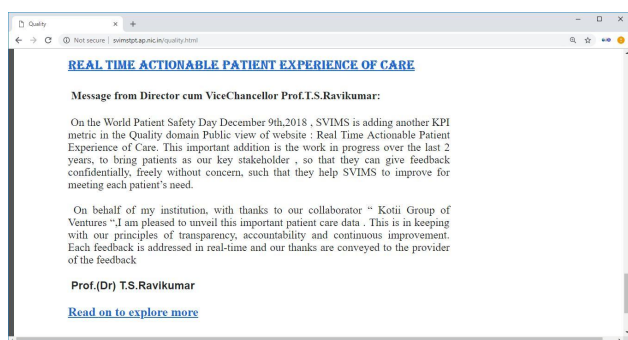
Murali Krishna, Educator, Singapore, who is a native of Yarravaram village, Rajahmundry after knowing about SVIMS CPR Program through Facebook, requested SVIMS to conduct a CPR training program there. SVIMS conducted a CPR program at Yarravaram on 19/12/2018 and imparted training to 124 people there.

SVIMS unveils several additional Quality measures on World Patient Safety Day

On World Patient Safety Day, 9-12-2018 SVIMS unveiled two programs in its ongoing strategy to improve patient care. First, as one-of-a-kind initiative in India, the data on **Real-time Patient Experience of Care** from the last 6 months was uploaded in the quality domain of its website that is accessible to public. The second initiative was to start **Patient Safety & Quality dashboard** in each of the wards, to assess and reward performance.

SVIMS Real Time Feedback

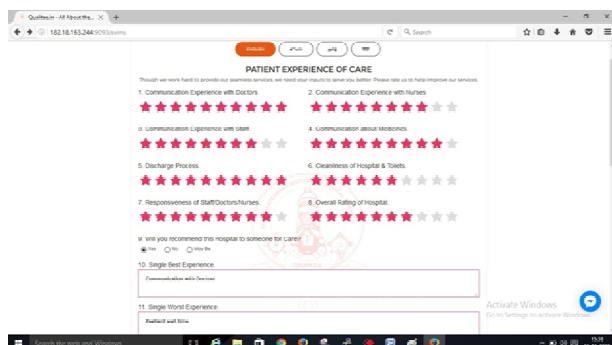
The feedback system is first of its to be implemented in hospitals in India. SVIMS online feedback system is developed with international standards with real-time



*The data received from **SVIMS-Patient Experience of Care Portal** is updated on SVIMS website under **Quality & Patient Safety** domain for public view on 09.12.2018.*

KPI analysis through which the patients/visitors of SVIMS can share their opinion to the leadership group of SVIMS for further necessary action.

The portal is available in 4 languages: English, Hindi, Telugu & Tamil. Patients/Visitors can give their feedback in any of these languages, that they are comfortable in. “Real Time Actionable Patient



SVIMS—Patient Experience of Care Portal feedback form in English

Experience of Care is the work in progress over the last 2 years, to bring patients as our key stakeholder, so that they can give feedback confidentially, freely without concern, such that they help SVIMS to improve for meeting each patient's need” says Dr.T.S.Ravikumar, Director cum Vice Chancellor, SVIMS.

2 Kiosks were installed in main areas of SVIMS to receive patient feedback. Domain level QR code system for each department has been developed and posters with QR codes are placed in 29 places of SVIMS to enable the patients to scan the QR code and submit their feedback through their smart phones.

Each and every feedback is closely monitored by a dedicated team and the feedbacks with 5 or below rating are being taken care within an hour.

“SVIMS Technology Partner Kotii Group has been instrumental in developing this system which has benefitted SVIMS in achieving patient centred care” said Dr.T.S.Ravikumar.

Patient Feedback Management

- SVIMS PATIENT EXPERIENCE OF CARE (PEC) Team phones the patient/attendant and inquires about exact problem/query as soon as they receive any new feedback.
- Then the PEC team will inform the problem to the Domain Head concerned for necessary action.
- Domain Head should solve the problem right away and should report to SVIMS PEC team.
- All this process should be completed in less than an hour.
- SVIMS PEC Team maintains a minute-to-minute report on the feedbacks received and action taken and at the end, the report shall be submitted to the Director cum Vice Chancellor.



SVIMS Signs MoU with Central Council for Research in SIDDHA (CCRS)



Prof.T.S.Ravikumar, Director cum VC, SVIMS and Prof. K. Kanakavalli, Director General, CCRS with the signed MoU along with the team of CCRS and SVIMS on 05.12.2018.

A Memorandum of Understanding (MoU) was signed on 5th December, 2018 for the establishment of a Siddha Clinical Research Unit (SCRU) of Central Council for Research in Siddha (CCRS), Ministry of Ayush, Government of India at SVIMS, Tirupati.

CCRS is located at SCRI Building, Chennai. A proposal to establish SCRU was worked out last year, and it was approved by Central AYUSH ministry and by the competent authorities (Executive Board, Governing Council) of SVIMS.

This joint effort will enable integrated treatment in communicable and non communicable diseases. Further, lifestyle disorders can be addressed in various specialties. Space is provided by SVIMS for this collaborative effort. The cost of running the SCRU is borne by CCRS, through funds from AYUSH ministry.

Both the Director cum VC of SVIMS Prof.T.S.Ravikumar and the Director General of CCRS Prof. K. Kanakavalli had broad ranging discussions of joint programs in Diabetes & other lifestyle disorders as well as certain vector borne diseases. Clinician groups & research groups will be set up soon for focussed discussions, towards patient care as well as research studies. "We are pleased to bring Siddha medical facility to the population of Tirupati & surrounding regions of Andhra Pradesh; and this is a win-win for SVIMS & CCRS to bring best care to the population integrating both disciplines", said Prof. Ravikumar & Prof. Kanakavalli.

SVIMS Neurosciences successfully completes 25 DBS Procedures



A patient who received DBS procedure speaking at a press conference held in SVIMS.

Deep brain stimulation is an established treatment for movement disorders, such as essential tremor, Parkinson's disease and dystonia, and more recently, obsessive-compulsive disorder. It is a neurosurgical procedure involving the implantation of a medical device called a neurostimulator (also called brain pace maker), which sends electrical impulses, through implanted electrodes, to specific target in the brain for the treatment of movement and neuropsychiatric disorders.

Parkinson's disease is a progressive neurodegenerative disorder characterized by slowness, stiffness, tremor and postural instability affecting all aspects of daily life causing increased dependency. Prevalence of PD is 1 in 1000 population. After 5-6 years of illness these patient become non-responsive to medication and become dependent for all activities. Deep Brain Stimulation surgery is a procedure with level – I evidence and gives second life to the patients. Post surgery most of these patients will be able to perform the activities on their own. According to an estimate 4 lakh PD patients are waiting for this procedure in India.

SVIMS: Centre of destination for DBS

SVIMS Neurosciences launched holistic approach for movement disorders and DBS in July 2017 under the aegis of Director T.S. Ravi Kumar by Neurosciences team of B. C. M. Prasad, Ramesh Chandra, B. Vengamma and T. Naveen. Since then **twenty five** patients suffering from various movement disorders benefited from DBS procedure at SVIMS. SVIMS Neurosciences conducted First ever "Live workshop and symposium on DBS" in India. Dedicated team work and holistic approach made SVIMS a destination centre for movement disorders and DBS within a short span of time.



Convocation Celebrated



Sri.N.Md.Farook presenting degree to a student

SVIMS celebrated its 9th Convocation on 1st December, 2018. Hon'ble Minister for Medical Education and Minority Welfare Sri.N.Md. Farook presided over the convocation function. Sri. K. N. Ganesh, Director, Indian Institute of Science Education and Research (IISER), Tirupati was the Guest of Honour.

"With the crown on your head you are reminded about your responsibility as a doctor towards the society. Work hard, improve your skills, serve the patient with empathy and kindness" said Sri. N. Md. Farook, Hon'ble Minister for Medical Education and Minority Welfare during his talk at the convocation. He appreciated SVIMS for its achievements and initiatives in patient care.

During the convocation ceremony SVIMS Director cum Vice Chancellor presented a detailed report on academic and

research activities, achievements, services and new initiatives of SVIMS in the year 2017-18. He acknowledged the State and Central Governments for introducing schemes like Dr.NTR Vaidya Seva and Ayushman Bharath to expand health care at state and national levels. Addressing the students he said "In keeping with our hospital mission, each one of you shall enable that quality care is accessible to all; that such care is provided in equitable manner; that you will innovate to eliminate waste & that the society will benefit from mitigating our of pocket expenditure of families struggling with health care cost"

Dr. K. N.

Ganesh, Director, IISER while addressing the

graduating class elucidated on the expected future developments in the field of medicine.

He explained about the concepts of biopharmaceuticals, nanotechnology, regenerative medicine and nanobots and how these new developments can help medical professional deliver the best care possible. He urged the students to enter into research to improve on the knowledge acquired and to better the medical care to patients. "cultivate intense concern for human development, expand your knowledge, learn to work in teams and forever be guided by higher ethical values, beyond the boundaries of narrow and partisan outlook" said Sri. K.N.Ganesh in his speech.

298 students were awarded degrees in this convocation. 9 students were awarded gold medals while 2 students were given Best Outgoing Student award.



"With the crown on your head you are reminded about your responsibility as a doctor towards the society. Work hard, improve your skills, serve the patient with empathy and kindness"

-Sri.N.Md. Farook
Hon'ble Minister for Medical Education and Minority Welfare, Govt of Andhra



-Yogitha Iyer,
Gold Medalist
MSc, Biotechnology

Our College has excellent Infrastructure, laboratory and all the facilities with all the eminent technical staff and with latest equipment. Our University students were placed in good position. I am happy to have studied in SVIMS University.

I had good experiences with SVIMS College of Physiotherapy

under the able leadership of Dr.K.Madhavi

COP is delivering the best physiotherapy, education

to the students. With experienced faculty, Good infrastructure,

,practical learning support and good clinical exposure has

Equipped the students with knowledge and skill to be a good physiotherapist.

. SVIMS, College of Physiotherapy is One of the best colleges in A.P

-K.Swapna Kumari,
Gold Medalist, M.P.T (CT), COP

SVIMS CELEBRATES FRESHERS' DAY



SVIMS Director cum VC, Dr. T.S. Ravikumar and faculty with freshers during the program.

SVIMS organized a Freshers Day function for all the newly joined students for the academic year 2018-19 on 23-10-2018 at Mahati Auditorium, Tirupati. Dr. T.S. Ravikumar, Director cum Vice Chancellor of SVIMS welcomed all the new students and congratulated them for joining SVIMS University, situated under the foothills of Lord Venkateswara. In his speech he highlighted the importance of setting higher goals and working hard to achieve them. "SVIMS University provides a healthy environment for students to learn and nurture their skills. Work hard, achieve your goals and become good health care professionals" he said. He also advised the students to enter into research and contribute to provide quality health care.

Dr. P.V.L.N. Srinivasa Rao, Dean, SVIMS presented the academic report during the program. According to the report for the academic year 2018-19, 540 students were admitted against 582 seats offered in 68 academic programmes with enrollment of 93%; 1986 students are at present in the University campus. Hippocratic oath was administered to students during the program.

Fresher's Talk

Medicine more than a course of study. It is a source of giving life to someone who are in desperate need of it. Since my childhood I was inspired by my parents to become a doctor and choosing the right college for this divine profession is definitely an important task and I feel privileged to take admission in this prestigious institution.

-S. Kamakshi Bhavagna
MBBS, I year

From my childhood, I have always been fascinated about discoveries and inventions of great people. I felt working towards something new would be interesting and fun in itself irrespective of the result. My field of interest has always been medicine. So I have chosen this field to learn and explore new things and I'm happy to have entered the best college to achieve my dreams.

-G. Sree Deekshitha,
MBBS, I year.

We entered this institute with high aims to achieve and we are happy that SVIMS College of Physiotherapy is providing the best education to its students. We got the best institution for a bright success.

-Shanineen,
BPT, I year.

SVIMS is the most esteemed University in Rayalaseema. It provides good clinical exposure as it has many departments. The faculty and tutors are well experienced. They teach us how to learn rather than what to learn which is the true motive of education. Lastly, it is the most beautiful campus with greenery everywhere.

- C. Rachana,
Bsc Nursing, I year

SWACHHA
ANDHRA
AWARDS
2018

SWACHHA ANDHRA PRADESH AWARD TO SVIMS

The Swachh Bharath Abhiyan was launched by the Prime Minister Sri. Narendra Modi on 2nd October 2014 to improve the levels of hygiene and sanitation in India. At the local level SVIMS has been very active in its own version of Swachh Bharath Abhiyan; namely "Swachh SVIMS" with a weekly one hour program dedicated to cleaning and beautifying the campus. Since its inception under the leadership of Director cum Vice Chancellor, Prof. T.S. Ravikumar, there has been a sea change in the sanitary environment of SVIMS hospital and educational campus. Students, Faculty and Staff of SVIMS have worked enthusiastically to improve the standards of cleanliness and hygiene. These efforts have been recognized by the State Government, through the award of Swachh Andhra Pradesh for SVIMS (under the category of Public Sector Hospital) for the year 2018. The award was given out by the District



Dr. Alok Sachan, Medical Superintendent, SVIMS; Dr. Suresh, Professor, Department of Endocrinology; Mrs. C. Sunitha, Nursing Superintendent and Mrs. Umamaheswari, Health Inspector receiving Swachh Andhra Award from District Collector

Certificate presented to
SVIMS

Collector of Chittoor Sri. P.S. Pradyumna, IAS on Gandhi Jayanthi, 2nd October, 2018, at Chittoor. Dr. Alok Sachan, Medical Superintendent, Dr. Suresh, Professor, Department of Endocrinology, Mrs. C. Sunitha, Nursing Superintendent and Mrs. Umamaheswari, Health Inspector received the award on behalf of SVIMS.

A Brief Meet with Hon'ble Governor



Dr. Ravikumar presenting the memento to Hon'ble Governor

Hon'ble Governor of Telangana & Andhra Pradesh, Shri. E. S. L. Narasimhan garu accorded time for meeting SVIMS Director cum Vice Chancellor Dr. T. S. Ravikumar at Raj Bhavan on 14-12-2018. Dr. Ravikumar presented a memento that was made during the occasion of inauguration of SPMCW hospital, by the President of India on 1st September, 2017 which was pending for a long while. During the brief meeting, Hon'ble Governor discussed about the functioning of Institute with Dr. Ravikumar and congratulated all concerned on progress of SVIMS.

SVIMS Director cum Vice Chancellor takes charge as President of AIIMS-Mangalagiri



(Pic1) AIIMS Mangalagiri Faculty and Staff and (Pic 2) SVIMS Faculty and Staff congratulating Dr. T.S. Ravikumar.

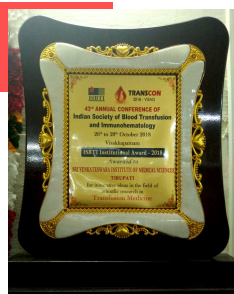
Prof. (Dr). T. S. Ravikumar, Director cum Vice Chancellor, SVIMS was appointed as President of All India Institute of Medical Sciences (AIIMS) – Mangalagiri (for 5 years) by Ministry of Health and Family Welfare, Government of India on 31-10-2018 and he assumed charge as President on 02.11.2018, at AIIMS-Mangalagiri campus. Dr. T. S. Ravikumar was in the capacity of Special Officer to AIIMS—Mangalagiri and right from its

inception he has been instrumental in setting up the country's prestigious medical institute at Mangalagiri with the continuous support of both Central & A. P. State Governments. The institute successfully started functioning from the academic year 2018-19 with an intake of 50 MBBS students. As President of AIIMS-Mangalagiri, he will chair the Institute's Body and Governing Body and the Director of AIIMS-Mangalagiri will report to him. Dr. T. S. Ravikumar will continue in his current role as Director cum Vice Chancellor of SVIMS and will simultaneously discharge his duties as President, AIIMS –Mangalagiri.

Dr. T.S. Ravikumar, came to India after serving in the U.S. for 36 years in various capacities in prestigious medical universities - Harvard Medical School, Yale University, Albert Einstein College of Medicine, Robert Wood Johnson Medical School-Cancer Institute of New Jersey and also served as Director, JIPMER, Pondicherry from 2012-15.

SVIMS faculty, staff and students congratulated and felicitated Dr. T.S. Ravikumar on this occasion.

ISBTI Institutional Award to SVIMS



ISBTI Institutional Award presented to SVIMS

Sri Venkateswara Institute of Medical Sciences got the prestigious ISBTI Institutional award for the year 2018-19 in view of promoting Transfusion Medicine through academics and Research.

Indian Society of Blood Transfusion and Immuno Haematology (ISBTI) is a registered

National body which awards every year one Institute of importance for its outstanding achievements in the field of Transfusion Medicine. This year out of several nominations, Sri Venkateswara Institute of Medical Sciences received the award at the valedictory function of 43rd National Conference of ISBTI, TRANSCON- 2018 held between 26th and 28th of October, 2018 at Visakhapatnam.

Sri Venkateswara Institute of Medical Sciences has been crucial in the development of Transfusion Medicine since its inception. It organized the 25th ISBTI, TRANSCON-2000. The faculty, staff and students have been helping the ISBTI Society through various

guest lectures, Podium/Poster presentations in National Conferences, as guest speakers in CMEs organized by ISBTI-AP Chapter/Telangana Chapter. Over 50 publications are to the credit of Department of Transfusion Medicine. Now after 18 years of 25th Conference at Tirupati, SVIMS has been instrumental in organizing and delivering various scientific lectures at TRANSCON -2018, Visakhapatnam. In view of all the above contributions, ISBTI has awarded the Institutional achievement award for the year 2018-19 to SVIMS, Tirupati.

Optic Nerve sheath Diameter measurement in ED – A new modality in POCUS

Optic nerve sheath Diameter (ONSD) Measurement has evolved as a new modality in the current decade. ONSD measurement has been adopted by many developed countries as part of Point of care Ultrasonography (POCUS) in Emergency Departments (ED) though there is only limited experience in India. Many scientific journals have emphasized that optic nerve sheath diameter measured 3mm behind the retina is very sensitive to the changes in intracranial tension (ICT). Normal cut off value is 5mm measured 3mm behind retina. For ONSD measurement horizontal

	Fundoscopy	ONSD	MRI
Advantages	<ul style="list-style-type: none"> -Classical method for papilledema diagnosis -Direct visualization of other intra globular injuries Visualising Retinal integrity - Can be done at Bed Side 	<ul style="list-style-type: none"> -Objective - Can pass through oedematous eye lids - Repeatable - No Mydriatics needed - Can be done at Bed Side 	<ul style="list-style-type: none"> - Gold standard - Objective - no Mydriatics needed - Can pass through oedematous eye lids
Limitations	<ul style="list-style-type: none"> -Operator dependent - Inability to open eye lids due to ecchymosis - Subjectivity of measurement - Needs mydriatics - Difficult to do on irritable and uncooperative patients 	<ul style="list-style-type: none"> -Operator dependent - Availability of Ultrasound machines - Possible eye injury due to probe pressure 	<ul style="list-style-type: none"> -Cost -Availability - Cant do in haemodynamically unstable patients - Irritable patient may require sedation - Metal implants - Time consuming

diameter of optic nerve, 3mm behind retina is measured. Low frequency & high penetration probe (linear probe) is preferred for ONSD measurement in small parts mode/ Optic mode over closed eye lids. High pressure on optic lobe is to be avoided by supporting operator hand over victims face, keeping probe slightly way from eyelids with good amount of aqueous ultrasound gel. Early identification of raised ICT in ED enhances medical management towards preventing secondary brain injuries and henceforth minimizing morbidities. The above table illustrates advantages and limitation of ONSD measurement for raised ICT compared to Fundoscopy and MRI.

Case Report

A 52 year old female was brought to ED with Alleged History of Road traffic accident while she was travelling as pillion rider on a two wheeler. At the time of arrival she was in altered sensorium and irritable. After stabilizing her airway, breathing and circulation apart from EFAST, ONSD was measured which revealed 6.5mm in right eye & 6.0mm in left eye. Her CT scan showed bilateral frontal contusions with features of raised ICT.

Dr. Juvva Gowtham Kumar,

Assistant Professor, ED

Dr. Madhusudhan M,

Associate Professor, ED

The Thrifty Genotype Hypothesis

India is reported to be having more than 62 million people affected by diabetes which accounts for more than 7.1 % of the adult population. Worse- India is likely to show the maximum increase in diabetes with estimates of 109 million by 2035.

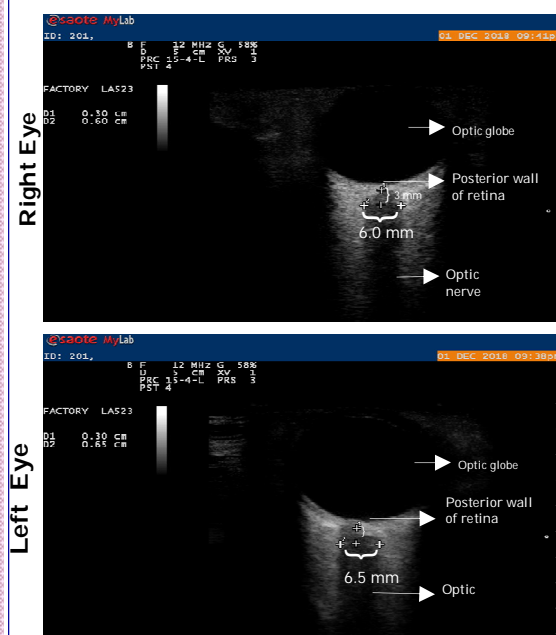
Why should this be so? Diabetes is a result of the aging process and an unhealthy lifestyle superimposed on an unfavourable genetic constitution. This genetic makeup (called thrifty genotype) evolved over generations when man was predominantly a hunter- gatherer and faced seasonal cycles of scarcity and abundance of food (feasting and fasting). The genes selected out by evolution favoured storage of calories as fat in adipose tissue during the feasting period- nutritional thrift. Hence the name thrifty genotype hypothesis as proposed by geneticist James V Neel of the University of Michigan Medical School.

With the development of agriculture in the Neolithic period and more recently, with the Green Revolution in the 60s and 70s, food availability has vastly improved – and consequently the fasting phase of the seasonal cycle has been abolished; due to a round the year availability of food. In this setting, those genes which helped us survive the hunter –gatherer phase of our cultural evolution have become a bane, contributing to abdominal obesity and type 2 diabetes mellitus.

What can be done? Only community awareness to restrict calorie intake, burn calories through regular exercise and maintain a healthy weight for height will work at the community level. Several trials like the Diabetes Prevention Program in the US and the Da Qing study in China have shown that lifestyle intervention on these lines can reduce the incidence of DM in susceptible populations by as much as half, thus offering hope that the epidemic of diabetes can be controlled.

Prof.V.Suresh,

Department of Endocrinology



ABSTRACT THINKING IN RESEARCH

I was just wondering what to write for the SVIMS chronicle when something flashed in my mind "abstract thinking". Maybe my mind correlated abstract painting with abstract thinking. This set the ball rolling and here I am penning this for the write up. There are two categories of thinking - abstract thinking and concrete thinking. Abstract thinking is a level of thinking about objects and ideas that are not physically present but are more distant and cannot be perceived immediately. The term "abstraction" also applies to the use of language that refer to entities other than physical objects and events, for example, "justice" and "freedom". Concrete thinking is a specific thought process which relate to things which are experienced. For example, a concrete thinker would relate to the expression "People who live in glass houses should not throw stones" to mean that throwing stones would break the glass. An abstract thinker, in contrast, would read into the expression as a figure of speech which means that people who have faults of their own should not criticize others. Abstract thinkers are able to reflect on events and ideas and work by:

- using metaphors and analogies to explain their point of view
- mentally studying the problem
- critical thinking
- complex reasoning
- connecting how they feel to what they think

An abstract thinker who has learnt how to do a specific work will apply the working principle in a completely different area to produce the same effect. For example a student can transfer the skill learnt to write an essay in English class to writing in social studies class with the required modifications. In contrast, a concrete thinker might need to be specifically taught in both classes. Abstract thinkers carry the creative juices required for developing a logic behind a practice. Abstract thinking is very essential in research as we step into a prospective work design based on an understanding of the research question and its need in the society. Abstract thinking has the ability to visualize the unifying link in situations which appear to be far separated. Things get explained in a broader perspective and an amicable working environment is created for planning and execution of concrete work.

Abstract thinkers are generally ridiculed as dreamers or people who make up things in their mind. But we should realize that this quality is to be cultivated and encouraged. A working team must be lead by abstract thinkers who can look ahead as well as look back to make things work. I conclude with the saying by Abdul Kalam "You have to dream before your dreams can come true".

Dr.M.M.Suchitra

Associate Professor, Dept of Biochemistry

Pharmacovigilance at SVIMS – Ensuring Quality Healthcare by Safe Use of Medicines



Adverse Drug Monitor Centre, SVIMS

Pharmacovigilance is defined as the science and activities relating to the detection, assessment, understanding and prevention of adverse effects or any other drug-related problem. With a broad objective to safe guard the health of people in India, Pharmacovigilance Program

of India (PvPI) was launched in 2010. Indian Pharmacopoeia Commission (IPC), Ghaziabad, is the National Co-ordinating Centre (NCC) for this program. As part of this, there is establishment of Adverse Drug Reaction Monitoring Centres (AMCs) in all teaching hospitals in a phased manner.

AMC at SVIMS was established in July 2015 by the department of Pharmacology. AMC is functioning actively in 3rd floor of Sri Padmavathi hospital building. Around 40 ADR notification drop boxes (Red boxes) are fixed in various IPDs & OPDs of all the departments. Suspected ADRs that are observed by any healthcare professional involved in care of patients are notified to AMC by filling the suspected ADR form and dropping it in the red box. These forms are analysed for completeness. Causality assessment is being done by causality assessment committee and then submitted to NCC through Vigiflow (WHO web-based management system for international drug monitoring).

Pharmacovigilance activities by AMC at SVIMS include (but not confined to) – conduct of regular training sessions to doctors and nursing staff of various clinical departments; conduct of awareness sessions to ayurvedic physicians of S.V. Ayurvedic College; active participation in sensitization programs to schools teachers and students regarding safe use of medicines; dissemination of the information received from NCC regarding safe medication practices to all healthcare professionals; processing of ADR reports received at AMC from SVIMS and other centres like RIMS, Kadapa; conduct of training programs/workshops to healthcare professional students in and around Tirupati. The continuous support offered by AMC of SVIMS is helping students in conduct of their research projects related to pharmacovigilance. Till November 2018, there are about 1235 Individual Case Safety Reports (ICSRs) submitted by AMC of SVIMS to NCC. Pharmacovigilance services provided by AMC of were recognized by NCC, PvPI and the activities of our centre were published in the official newsletter of PvPI in Volume 7, issue 20, 2017. We appreciate the cooperation of all the departments in the Institute for this achievement.

NCC clearly states that all serious, non-serious, known or unknown, frequent or rare adverse drug reactions due to medicines, vaccines and herbal products etc. are to be reported. **Submission of a report does not constitute an admission that medical personnel or manufacturer or the product caused or contributed to the reaction. Submission of an ADR report does not have any legal implication on the reporter.** Inculcation of these practices will foster the habit of reporting of ADRs in healthcare professionals. Thereby even the rare and unreported ADRs to drugs can be identified at an early stage. Robust pharmacovigilance practices helps in generation of an excellent safety database, which enables us to improve the quality of healthcare by safer use of drugs.

Dr. K.Vijaya Chandra Reddy

Assistant Professor, Department of Pharmacology

The Act of Giving

SVIMS Felicitates SBAVPS Donor Sri. Kunduru, Ventech Solutions

**Donor
Visit**

Fruitful dialogue for additional donation to Aadithya Hridayam program



Dr. T.S. Ravikumar, Director cum Vice Chancellor, SVIMS with Sri. Ravi Kunduru and family.

SVIMS donor Sri. Ravi Kunduru, President and CEO, Ventech Solutions, Chennai along with his family visited SVIMS on 13/12/2018. Sri Ravi Kunduru and his family have been supporting SVIMS through donations since many years and have donated more than Rs.4 Crore so far. During his interaction with SVIMS family, he appreciated SVIMS initiatives for public health and wellness and expressed his desire to extend further support to SVIMS through Sri Balaji Arogya Varaprasadini Scheme (SBAVPS).

The funding for this year's donation (which was given to EO,TTD on 14/12/2018) is to help Aadithya Hridayam initiative, developed by SVIMS Director cum VC, Dr. T.S. Ravikumar to reduce the burden of Cardiovascular diseases & deaths in Chittoor District. It involves Community CPR training for all citizens, establish reliable emergency transport system & "heartfulness", preventive cardiology programs at school level.

- Sri. S. Narasimhulu
- Dr. Harivadan Lukka, SVIMS Alumnus, Vizag
- Dr. K. Venkatesan, Chennai
- Sri. Pasuparthi Gopinath & Sri. Nelavalasubramanyam, Tirupati
- P. Radhakrishna, Tirupati
- Dr. Lakshmi Priya & Dr. Naresh, Tirupati
- Sri. Ranjith Kumar, Hyderabad
- D. Vijayakumar, Mangalagiri, Vijayawada

**Donors
of
SVIMS**

*October—
December, 2018*

Advanced Resuscitation & High End Simulation Course Conducted at SVIMS

Saving lives campaign through Evidence Based Integrated Team approach

SVIMS organized advanced simulation program on 29.10.2018 under the leadership of Visiting Professor Dr. Vemuri Murthy from University of Illinois, and SVIMS Director cum Vice Chancellor Dr. T. S. Ravikumar, who holds Chittur Viswanathan Parvathy Endowed Chair in Quality/Patient Safety. This day long interactive clinical scenario based learning session was presented in several modules, catering to different levels of expertise & experience: students, post graduates, faculty, nurses & staff. An update of global recent advances in resuscitation of sick patients was presented by Prof. Vemuri Murthy, who is also an expert in Global Health, cardiopulmonary resuscitation and emergency care.



Dr. Vemuri S. Murthy explaining the resuscitation procedure to participants at advanced simulation workshop on 29.10.2018.

Patient centered approach was simulated using SIM-MAN 3G, using various scenarios and several teams were trained using case based learning: Cardiac arrest, Respiratory arrest, Shock, Sepsis and various other emergency conditions.

The whole program was coordinated by Dr. J. Gowtham Kumar, Asst. Professor, Emergency Medicine, SVIMS and Mr. K. Sreenivas, P.A to Director, SVIMS.

Dr. T.S. Ravikumar also acknowledged special thanks to Dr. Mahesh Parvath, Professor of ENT, Gandhi Medical College, Hyderabad for his support as medical expert and Laerdal India Pvt. Ltd. who is the supplier of all simulation equipment to SVIMS for their technical support.

Endocrinology Endowment Oration Program Conducted



Dr. Anil Bansali addressing the gathering during the oration program.

Dr Subhashini and Dr Kamalakkar Reddy endowment oration was conducted by Department of Endocrinology on 26-11-2018. Dr Anil Bhansali, Head of the

Department of Endocrinology, PGI, Chandigarh delivered oration on "What is new in diabetes". Dr Bhansali discussed all the research regarding diabetes, that has been conducted at PGI, Chandigarh. He discussed in detail about old, well established medicines to the new upcoming medicines. He also shared his experience of stem cell therapy for treatment of type 2 diabetes mellitus.

In response to questions from the audience, he informed that the diet for diabetes should be a balanced diet. A high fat and low carbohydrate diet gives very good glucose control in the beginning, but causes more frequent heart problems. He also suggested that the ideal exercise for diabetics is a combination of fast walking for the heart and weight training for muscle strength. Timing of the exercise depends upon the convenience of the patient. Even if done after taking food, exercise is still beneficial for the control of diabetes.

Director-cum-VC, SVIMS, Dr. T. S. Ravikumar addressed the gathering and informed that SVIMS is planning a community outreach program to address the burden of the non communicable diseases, including diabetes.

Later in the afternoon, a quiz was conducted for the students training in Endocrinology and the first position was secured by a Dr. Ganesh from Osmania Medical College, while the second position went to Dr. Sindhu from Narayana Medical College.

were screened with capillary blood glucose testing and some, who were found to have high blood glucose, were advised treatment.

Others who spoke on the occasion included the Medical Superintendent, Dr. Alok Sachan, the HOD of Community Medicine Dr. Nagaraj and the PHC Medical Officer Dr. Kajal. Subsequently the public were shown a detailed power point presentation on diabetes mellitus, its complications and its control.

"AN UPDATE – RECENT ADVANCES IN PAEDIATRIC NURSING" - National Conference Conducted



SVIMS Director cum Vice Chancellor Dr. T.S. Ravikumar inaugurating National Conference on "An Update-Recent Advances in Paediatric Nursing" conducted by College of Nursing of SVIMS on 17.11.2018

SVIMS- College of Nursing, conducted National Conference on "AN UPDATE – RECENT ADVANCES IN PAEDIATRIC NURSING" on 17-11-2018 at Bhuvanavijayam,

SVMC Campus, Tirupati. The objective of the Conference was :1. To update orientation to recent advances in paediatric nursing. 2. To develop knowledge and skills to incorporate in advanced paediatric nursing. 3. To collaborate education, research with practices in paediatric nursing. The conference included a series of guest lectures, poster presentations and paper presentations. Plenary sessions were conducted by eminent speakers from reputed institutions such as AIIMS, Apollo Hospital etc., The AP Nursing Council had awarded 4 credit points for the participants. Indian Academy of Paediatrics appreciated the efforts of the College of Nursing for conducting the conference. The programme went successful with wide participation of registered nurses as well as students from different states of the country.

WORLD DIABETES DAY

Awareness Programme Organized



Dr. T.S. Ravikumar, Director cum Vice Chancellor addressing the public at the camp.

On **WORLD DIABETES DAY** November 14th, 2018 the departments of Community Medicine and Endocrinology of SVIMS, Tirupati organized a diabetes awareness lecture series along with a diabetes

testing and treatment camp at the Primary Health Centre in Mangalam Village in Chittoor district. The program was inaugurated by the Director cum VC, SVIMS, Prof. T.S. Ravi Kumar. He emphasized the importance of "Bundled approach" to Diabetes care.

In keeping with this year's theme of International Diabetes Federation (IDF) for world diabetes day mainly "Diabetes and the Family"; the focus point of the presentation was on the family based approach to the screening and treatment of diabetes mellitus, role of the family, risk to family members etc. A testing and treatment camp was also conducted for patients. Some members of public, who were at high risk

Workshop on “Pharmacovigilance & Reporting of ADRs Organized



Dr. T.S. Ravikumar, Director cum Vice Chancellor, SVIMS inaugurating the workshop on 29-12-2018

Department of Pharmacology, SVIMS, SPMCW has been conducting workshop on “Pharmacovigilance & Reporting of ADRs” every year since 2016, so as to make health-care professionals aware about the importance of Pharmacovigilance in patient safety and their

role in improving medication safety. As part of this routine schedule, a workshop was conducted on 29-12-18 in which about 200 delegates from various institutes in and around Tirupati actively participated and got enlightened on Pharmacovigilance - ADR reporting & medication errors from the lectures delivered by Dr. K. Vijaya Chandra Reddy, Dr. P.S.S. Durga Devi & Dr. C. Pallavi. Also hands on training on ADR reporting was given by faculty of Pharmacology dept. Dr. T.S. Ravi Kumar, Director cum VC, SVIMS in his valuable message asked the participants to improve patient safety and health care not only by early identification and reporting of ADRs but also in preventing them by educating patients on proper medication usage.

CME on ‘Physiology to Palliation of Prostate Cancer Management’ Organized



SVIMS Faculty from the departments of Physiology, Nuclear Medicine and Radiology during the CME.

Prostate Cancer is a one of the common malignancy affecting the aging male population. In modern medicine, there are new developments with respect to Prostate Cancer. In order to spread the awareness about the availability of various facilities in SVIMS, Tirupati, among Faculty, PG Residents, staff and Consultants of

various hospitals and institutions in Tirupati and surrounding regional institutes in Andhra Pradesh, a Joint CME Programme by Dept. of Physiology, Dept. of Nuclear Medicine and Dept. of Radiology was organized on 8th December-2018. In this full day CME programme experts delivered 15 lectures, covering the theme of the CME “Update on Physiology through palliation for management of Prostate Cancer”. This CME programme was attended by more than 60 Doctors. The deliberations were highly useful for the PG Residents and Consultants who are actively involved in management of Prostate Cancer.

Radiology Chair Gold Medal Oration Conducted



Dr. Rakesh Gupta (first row, center) with SVIMS Director cum Vice Chancellor, Dr. T.S. Ravikumar, Dr. A.Y. Lakshmi, HoD, Radiology and other faculty during the programme

The fourth Radiology Chair Gold Medal Oration was conducted on 12th November, 2018 between 10 AM to 12 noon. The orator Dr. Rakesh Gupta, Head and Director of Radiology and imaging sciences, Fortis Memorial Research Institute, Gurgaon delivered a lecture on “Advanced MRI techniques in the evaluation of intracranial pathologies”. In his talk, he stressed on some sequences like MPRAGE, Black Blood Imaging, Double Inversion Recovery, SWI sequence in Spinal Cord imaging, to solve some issues like, to differentiate Neurocysticercosis from tuberculoma of brain, to detect early plaques in multiple sclerosis in brain, to detect early plaques in multiple sclerosis in spinal cord. This has been attended by neurologists, neurosurgeons, other specialists of SVIMS apart from Department of Radiology of SVIMS and practicing radiologists from Tirupati.

CME on Multiple Sclerosis Conducted



Dr. Balaji Patel, Researcher in Pharmaceuticals delivering

A CME program on “Multiple sclerosis” was conducted by Dept of Neurology, SVIMS under the guidance of Prof and HOD, Dr. B. Vengamma. The CME included talks by eminent faculty.

Dr. Balaji Patel, researcher in pharmaceuticals from Mumbai spoke on “updates of Multiple sclerosis criteria” during the program. Dr. A.K. Meena, Professor, NIMS Hyderabad, delivered lecture on “Treatment optimization – Multiple sclerosis”.

Dr. A. Appa Rao faculty from SVIMS spoke on “Optic neuritis” vs “Multiple sclerosis”. This forum was attended by neurology residents, non neurology residents, staff from SVIMS along with residents from SVRRGGH. This program was envisioned to enlighten the students about the latest updates on Multiple sclerosis.

DR B. NAGANNA BIOCHEMISTRY ORATION ORGANIZED



Dr. Debabrata Dash, Banaras Hindu University addressing the gathering during the oration program.

The 3rd Biochemistry Dr. B. Naganna oration was organized by the Dept of Bio-chemistry, on 27-11-2018 at SVIMS. Dr. T. S. Ravikumar was the Chief Guest of the program. Dr. Debabrata Dash, Professor, Dept. of Bio chemistry,

Institute of Medical Sciences, Banaras Hindu University, Varanasi was awarded 'Dr. B. Naganna oration' for his contribution to the field of Medical Bio-chemistry. Dr D. Dash delivered the oration on, **'Dissecting platelet energy metabolism to design next generation anti-thrombotic therapy'**. The oration lecture was based on the research work of Prof. Dash which showcased how in depth study of glucose metabolism in activated platelets lead to the development of novel anti-thrombotic agents which can be projected as potential next generation anti-platelet drugs.

In line with the oration lecture, the department of Bio

chemistry also organized a CME titled, 'Platelets: Bench to bedside'. This CME focused on platelets right from their basic role in physiological, biochemical and pathological processes to their role in clinical practice as therapeutic agents/ targets of therapeutic agents. The CME thus covered the broad areas relevant to these small specialized blood cells which have emerged as important factors of disease Pathophysiology. A total of 129 people attended the program. AP medical council awarded 02 CME credit hours for this program.

CME on Dyslipidemia and Echocardiography organized



Dr. Rajasekhar, HoD, Department of Cardiology addressing the gathering during the CME

The Cardiology Department of SVIMS organized a Continuing Medical Education (CME) workshop on 'Dyslipidemia' at Sri Padmavathi auditorium in SVIMS on October 6th 2018. The head of the Department of Cardiology Dr.D.Rajasekhar enlightened the

audience about the rising prevalence and effect of dyslipidemia on public health in India. Professor Dr.V.Vanajakshamma spoke about the lifestyle modification needed for the presentation and control of dyslipidemia. Dr.Ch.Narendra, Dr.N.Vinod Kumar, Dr.D.Sreenivasa Reddy, Dr.K.Kiran Kumar spoke about various aspects in the management of dyslipidemia. The staff of the department of cardiology, members of Indian Medical Association, general practitioners, physicians and students of MBBS attended the workshop.

CME on Echocardiography

The department of

SVIMS organized a Continuing Medical Education (CME) programme on 'Echocardiography in Valvular and Congenital heart diseases' on 24.11.2018.

Dr. Navin C Nanda, a renowned Professor and President of International Society of Cardiovascular ultrasound (ISCU), gave a lecture on principles and practice of Echocardiography and its usefulness in evaluation of various valvular and congenital heart diseases. Professor Dr. V. Vanjakshamma, Department of Cardiology felicitated Dr. Navin C Nanda for his contribution to Echocardiography.



Life Time Achievement Award to Dr. K.V.S.Sarma

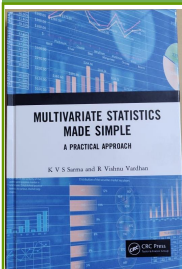


Dr. K.V.S. Sarma, Biostatistician and Research Coordinator, SVIMS receiving AIAP Life time Achievement Award AIAP first annual conference.

The Association of Inventory Academicians and Practitioners (AIAP), New Delhi has recognized the services of Dr. K.V.S. Sarma with **AIAP Life Time Achievement Award** in the first annual conference of AIAP organized jointly with the department of Operations Research, University of

Delhi. This award is conferred to Dr. Sarma for his outstanding contribution and service in the area of Inventory & Supply Chain Management in New Delhi. Dr. Sarma served as Professor of Statistics in Sri Venkateswara University before superannuation in 2016 and is presently serving as Bio-Statistician and Research Coordinator with SVIMS, Tirupati. Dr. Sarma thanked the organizing team and said that this recognition has increased his responsibilities in terms of working with practical inventory and supply chain problems.

The Book Release



Recently a book titled **“Multivariate Statistics Made Simple – A Practical Approach”**, authored by Dr. K.V.S. Sarma co-authored by Dr. R. Vishnu Vardhan of Pondicherry University was formally released by SVIMS Director cum VC, Dr. T.S. Ravikumar. “A strong platform is created in SVIMS for pooling of Clinical, Scientific, and Management Resources to promote quality of patient care” said Dr. T.S. Ravikumar. He also stressed the need for adapting modern statistical tools in research and expressed hope that the new book would cater to the needs of researchers and help in improving the academic standards of SVIMS. He also welcomed the idea of utilizing scientific inventory management in health care supplies for improving the quality of service.

ASICON -2018 Best State Chapter Paper Award to SVIMS Doctor

Dr. V. Naresh Kumar, 3rd year Mch, Resident in Surgical

Oncology, SVIMS, Tirupati represented Andhra Pradesh state in 78th Annual Conference of Association of surgeons of India-2018 (ASICON -2018) held at Chennai on 27th December, 2018 in Best State Chapter Paper Award session. His paper of Research Presentation has been selected for 1st (first) prize in the National Level. Dr. T.S. Ravikumar, Director cum Vice Chancellor, SVIMS and Dr. H. Narendra, Professor & HoD, Surgical Oncology congratulated him on his achievement. This research is aimed at improvement of postoperative outcome in patient undergone surgery for breast cancer.

Brief Report

SVIMS Internal Complaints Committee

SVIMS University is committed to provide a suitable working environment for every woman employee and shall ensure that every woman is treated with dignity and respect. In keeping with our commitment and as per the recommendations of



Prof. V. Subhadra Devi, HoD, Anatomy & Mrs. G.P. Manjula, Asst. Director in discussion with staff nurses during an awareness program.

Government of India SVIMS has constituted Internal Complaints Committee - For Sexual Harassment including Grievance and Corruption. Internal Complaints Committee (ICC) as specified in section (4) (1) of Sexual Harassment of Women at work place (Prevention, prohibition and Redressal) Act, 2013 was constituted, in SVIMS, with 16 members headed by Dr. V. Subhadra Devi, Professor & HoD, Anatomy. The committee was established in the year 2013 and since then it is working tirelessly for the safety and welfare of women employees at the institute.

As and when a complaint is registered with SVIMS ICC, due process is being immediately initiated. Anonymous complaints of serious nature are also considered and are entered into.

SVIMS ICC is conducting workshops, awareness programs frequently to sensitize both the genders about sexual harassment. A handbook with directives and guidelines has been prepared and is ready for release. Posters have been prepared and are installed in different areas of SVIMS. Complaint boxes have installed in 3 prominent places in SVIMS, accessible both to employees as well as patients to drop their complaints. SVIMS Internal Complaints Committee also has a toll free number which is active 24x7 to receive complaints.



Poster installed in SVIMS

Future Plans:

- Setting up a Gender Sensitization Unit within the university.
- Giving effect to the policy of zero tolerance of gender based violence on in the university.
- Organizing courses and workshops on issues pertaining to sexual harassment, gender sensitization and legal literacy with the help of recognized experts.
- Implementing the recommendations of the ICC in a timely manner.

Dr. T. S. Ravikumar, Director cum VC, SVIMS congratulating Dr. V. Naresh Kumar



Cancer screening comes closer to rural women

SVIMS rolls out Pink Bus, aims at covering 25,000 women in one year

SPECIAL CORRESPONDENT

TIRUPATI

Realising its cherished dream, the TTD-run Sri Venkateswara Institute of Medical Sciences (SVIMS) formally launched the 'Pink Bus', a well-equipped bus that goes to the countryside to screen women for possible incidence of cancer, on Friday.

The bus rolled out of the campus to proceed to the adjoining Mangalam village af-



quite alarming," Dr. Ravikumar said.

SVIMS plans to run this screening initiative in conjunction with other Central State health programme social organisations such as the Rotary International and industry partners to ensure sustainability.

The cost of the T219-CR bus was met from the TTD

SVIMS to breathe fresh air into lung treatment

Continued from P1

Hence, Director of SVIMS Dr TS Ravikumar has identified it as a key area and was part of the ten institutes of excellence articulated in the roadmap of the institute, on which we should focus," he maintained.

Some patients with lung diseases may be in critical stages and critical care has been already available. To take it one step further to the highest order was the basic idea of the Director behind ALDC, said Dr Mohan.

It was only a beginning and has to go a long way towards the state of transplantation. But to reach that stage in assessing and identifying the beneficial patients, stabilising them and making them fit to undergo transplantation will be more important, he underlined. Even after surgery the follow-up process becomes crucial which will also be taken care of at ALDC.

"The path to eventually start

and to improve critical care services at the world's best centres were working on. Now we were focusing on recipients of lungs and training and preparing them for surgery and not focused on donors at this stage," clarified Dr Mohan.

He added patients with lung ailments to approach medicine OPD where the doctors will assess them. People from US have been helping SVIMS in this initiative and they visit the Institute periodically to review the situation and suggest fine-tuning the procedures further.

Internal medicine and lung transplant expert at UT South Western Medical Center, Texas Dr Valdeen Kaza came to SVIMS in July to launch this clinic for which the Associate Professor of Medicine Dr Harkishan to be the programme leader of a multidisciplinary team that consists of physician, cardiologist, cardio-thoracic surgeon, psychiatrist, physiotherapist and nutri-

Advanced simulation programme organised

Tirupati: SVIMS has organised advanced simulation programme under the leadership of Visiting Professor Dr Vemuri Murthy from University of Illinois and SVIMS Director Dr TS Ravikumar. The day-long interactive clinical scenario-based learning session was presented in several modules to post graduates, faculty nurses and staff.

An update of global recent advances in resuscitation of sick patients was presented by Prof Vemuri, who is also an expert in global health, cardiopulmonary resuscitation and emergency care. Patient centred approach was simulated using SIM-MAN 3G, using various scenarios and several teams were trained using case-based learning, cardiac arrest, respiratory arrest, shock, sepsis and various other emergency conditions. The whole programme was coordinated by Dr J Gourham Kumar

Deep Brain Stimulator surgeries conducted under the Pranadnam scheme; 1 in every 1,000 people affected by the disease

SVIMS gives new life to 25 Parkinson's patients

EXPRESS NEWS SERVICE @ Tirupati

THE SVIMS conducted 25 successful surgeries on Parkinson's patients under a special scheme called Pranadnam. The scheme was launched by the SVIMS Director Dr TS Ravikumar. The scheme aims to provide free medical treatment to patients with Parkinson's disease.

The Vice-Chancellor said that the surgical intervention of Parkinson's disease is a highly advanced medical procedure. The SVIMS team has been successful in performing these surgeries for 25 patients. The patients are now free from the symptoms of Parkinson's disease.

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SVIMS poised to become Centre of Excellence

PINK BUS

In a novel initiative, SVIMS has tied up with the Rotary Club of Tirupati to ply a vehicle to the remote villages of Rayalaseema to screen the women for breast, oral and cervical cancer. The objective is to reduce the incidence of cancer in the region. For early detection and timely intervention, the club decided to ply the state-of-the-art vehicle fitted with mammography equipment to the villages and screen the women, especially those below the poverty line (BPL).

Simulation System for cardiac care

SVIMS has inaugurated its new Simulation System for cardiac care. The system is a state-of-the-art facility for training medical students and residents in cardiac care. The system is a state-of-the-art facility for training medical students and residents in cardiac care.

EXPRESS NEWS SERVICE @ Tirupati

Sri Venkateswara Institute of Medical Sciences (SVIMS) is recognised as an International Training Centre by the American Heart Association's International Training Centre (AHA-ITC). The institute is also recognised as an International Training Centre by the American Heart Association's International Training Centre (AHA-ITC).

Sri Balaji Aranya scheme

Through Sri Balaji Aranya Prasanna scheme, which was set up for development of facilities and research activities in SVIMS. The institute received 147 crore in the form of donations.

SVIMS well-equipped to perform complex cardiac surgery

Minister Arun Jaitley inaugurates the new building for SVIMS

Ninth convocation of the institute held

Minister N.M. Farooq inaugurates the new building for SVIMS

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Dr Ravikumar takes charge as Mangalagiri AIIMS chief

Tirupati: SVIMS Director Dr TS Ravikumar was appointed as President of All India Institute of Medical Sciences (AIIMS)-Mangalagiri for five years by Ministry of Health and Family Welfare.

Accordingly, he assumed charge on Friday at Mangalagiri AIIMS campus. Dr TS Ravikumar was in the capacity of Special Officer to that campus and right from its inception he has been instrumental in setting up the country's prestigious medical institute. The institute successfully started functioning from the academic year 2018-19 with an intake of 50 MBBS students. As President of AIIMS, he will chair the Institute's body and governing body and the Director of the Institute will report to him. He will continue in his current role as Director cum Vice Chancellor of SVIMS as well. Dr Ravikumar

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SVIMS AHA - ITC

SVIMS is now an American Heart Association (AHA) approved International Training Center (ITC). SVIMS received approval for ITC from AHA on 1/12/2017. The American Heart Association (AHA) is a non-profit organization in the United States that establishes International Training Centers (ITC) in different countries in collaboration with different medical institutes to provide training in Basic Life Support (BLS) and Advanced Cardiac life Support (ACLS) courses to spread the knowledge of cardiovascular diseases including stroke, their prevention and treatment and to reduce disability and deaths caused by cardiovascular disease and stroke. With this approval ECC (AHA American Heart Association Emergency Cardiovascular Care) courses and provider and instructor courses in Basic Life Support (BLS) and Advanced Cardiac Life Support (ACLS) are taught in the International Training Center (ITC) of SVIMS.

The provider and instructor course will equip the doctors with the skills that enable them to resuscitate cardiac arrest victims and other critical events such as respiratory arrest & stroke victims more efficiently. The course content is designed in such a way that it gives a complete overview of current resuscitation concepts. Those receiving training are certified as BLS and ACLS providers and instructors by AHA.

SVIMS has conducted 8 BLS & 5 ACLS training sessions including 1 BLS & 1 ACLS instructor course training sessions. 93 persons completed BLS & ACLS provider course and 217 persons received training in BLS Provider course. 6 persons completed both BLS & ACLS instructor course.

Become AHA
Certified BLS &
ACLS Provider
and Instructor

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